

# FoxCities

Magazine

## PEOPLE, PLACES & THINGS: *Our Seventh Annual Photo Contest*

Green Building Q&A | VHBA'S 2013 Summer Parade of Homes | Picnic Paradise

August 2013

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# FoxCities Magazine

Celebrating the Place We Call Home.



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By Rebecca Turchan

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- View People, Places & Things Photo Contest honorable mentions and staff favorites.
- Rebecca blogs about her farmers market finds and the resulting recipes.
- Get information on outdoor summer concerts around the Fox Cities.
- Download summer reading program information from area libraries.



- PLUS...**
- **Expanded Calendar Listings** Our online events calendar is updated daily with concerts, classes, exhibits and more. Find out "What's Going On" every day of the week.
  - **Dining Directory** FOX CITIES Magazine's dining guide is searchable by region and offers information on hundreds of area restaurants from fine dining to casual eats.
  - **Blog** Follow our staff blog for an inside look at Fox Cities' dining, arts and cultural happenings.
  - **Downloadable Edition** Did you know FOX CITIES Magazine is available for download on our website? Simply click on the magazine cover!

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**On the Cover**  
Our grand prize photo contest winner. Photo by Matthew Preissner



Jake Coonen's love for creating metal sculptures started as a hobby and a means to pay for college. Coonen, who currently attends Fox Valley Technical College for welding, loves to create pieces that are out-of-the-box and bizarre. He says this is the best way to describe his personal style as an artist; he loves to create pieces that leave people speechless. His talent has not only proved a canny way to make some extra cash, but also an excellent way to express himself creatively.

The sculptor has always loved drawing and sketches a plan before every piece. Coonen says it's rewarding to see his creations on paper come to life by transferring them to metal. Hoping to

eventually move to Chicago and live solely off his art, Coonen currently works full-time as a welder when he's not creating sculptures. He says another reason why he is an artist is to escape from a job that is always the same, day-in and day-out.

"It definitely relieves stress and makes me forget about everything else [in] my life that's crazy or wrong," Coonen says. "It feels like I'm doing something right."

The time he commits to crafting a piece varies with almost every creation. His windmills with glass propellers and other elaborate pieces can take up to three months. His popular glass dragonflies with four-foot wingspans can be completed in a weekend. Coonen says it depends on how ambitious he gets with a project.

Gardeners around the Fox Cities interested in having a conversation starter for their table or yard love to display Coonen's works of art outside in the summer months. Dragonflies, turtles, and even an octopus are the focus around many of his outdoorsy pieces. Always

trying new things, Coonen's octopus was his first piece using all stainless steel.

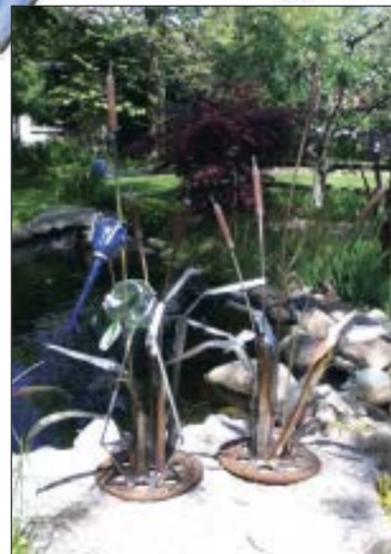
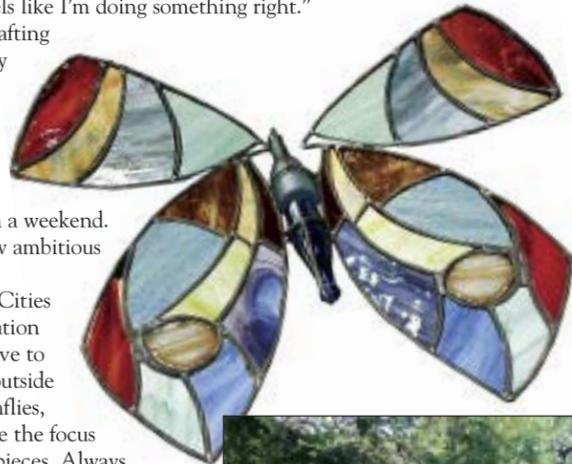


Name: Jake Coonen  
Residence: Appleton  
Medium: Metal  
Price range: \$30-1,500

"It was a different challenge welding it, but I am happy with how it turned out," Coonen says. "If I ever do it again, I'll probably do it completely different and it'll look better and that's how it goes."

For more information on Jake Coonen's work, call 213-5074.

—By Sara Stein



## HIDDEN IN PLAIN SIGHT



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### JUNE/JULY WINNER

Alyssa Wachholz, Kaukauna correctly answered Heckrodt Nature Center in Menasha



Bill Geenen leads a group of Touchmark residents — and neighbors — on a tour of the Guckenberg-Sturm Preserve.

## Changing the Way We Age

Social interaction plays an integral role in health. Doing an activity you enjoy — whether it's walking, playing cards, woodworking, knitting or just talking — with other people can help you feel better and improve your overall health.

A 2012 National Institute on Aging study found that loneliness and isolation rates are the No. 3 risk factor for developing dementia and a leading cause of depression in people over the age of 55. As people get older, they usually spend more time alone in their homes and start to feel disconnected to the world around them, says Marge Coalman, EdD, vice president of Wellness and Programs for Touchmark.

"What Touchmark has found — and research has verified — is that many people experience a boost in their feeling of overall wellness after they move into a retirement community. This is no accident," Coalman says. "Retirement communities, like Touchmark, have a full staff of experts focused on developing a wide variety of social, educational and other activities designed to be fun and foster friendships and a strong sense of community."

Coalman says being healthy isn't just about physical or mental wellness but also emotional well-being. Doing an enjoyable activity with other people helps people feel emotionally better, which boosts their overall health, she says.

Touchmark's international award-winning Full Life Wellness & Life Enrichment Program offers numerous programs and activities that provide residents with opportunities for interacting with others as well as keeping physically and mentally active. These include daily fitness workouts, Brain Builders sessions, educational classes on a full range of

topics, dances and trips to museums, gardens, restaurants and other destinations.

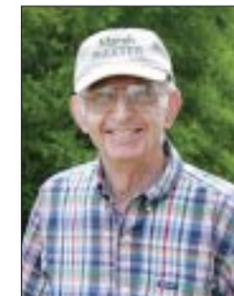
"As people age, many start to notice subtle physical changes, which can seem diminishing to their overall wellness," Coalman says. "The ideal aging process is one where people maintain a high level of wellness throughout their lives, and this is certainly possible," she adds.

More people are changing the way they age by being proactive and thinking ahead about what they want to do as they get older, Coalman says. They enjoy the social interaction they get walking through the community and saying hi to their neighbors or enjoying a meal together.

"Interacting with people and spending time with people is really necessary to stay connected to the community," says Bill Geenen, a Touchmark resident. "One of the things I tell people when I'm talking about Touchmark is that we have a lot more of a social life here than we did prior to moving; there is just so much going on."

This fact doesn't surprise Coalman. "For many people living in their own homes, they may not always see a neighbor or family member, and they miss out on the daily interaction with others," she says. And this, she and others claim, is a detriment to our health.

To learn more about "Changing the Way We Age," make plans to attend an educational presentation, including panel discussion at 1:30 p.m. on Aug. 29 at Touchmark on West Prospect. You'll discover more about the options older adults have when it comes to healthy aging. There is no charge to attend, but seating is limited. Please call 920-372-0109 to reserve a space.



Bill Geenen



2601 Touchmark Dr., Appleton  
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Touchmark.com



### Button Jubilee

Collectors and creators sifting through containers filled with thousands of antique, vintage and contemporary buttons creates a mesmerizing sound that National Button Society member Greg Hanson refers to as "the music of the poke box."

"Buttons are such a commonplace item that most of us do not give them a second thought, but they can be little artistic treasures and they can trace the history of cultures and materials across the world," Hanson says.



Experience the artistic merit and magical melody of buttons at the 75th National Button Society (NBS) Expo at the Radisson Paper Valley Hotel in Appleton from August 12-17.

Close to 400 button collectors, makers and enthusiasts will come together for the primary goal of sharing information, says NBS's Colorado Director Harriett Brittenham. Throughout the week, presentations, lectures and hands-on workshops will celebrate buttons past and present.

Brittenham says NBS loves coming to Appleton because of the community's curiosity in their hobby. This is the third convention that will be held in Appleton and the society's next visit is already planned for 2017. This year, NBS will further spread the creed of the button by partnering with Neenah's Bergstrom-Mahler Museum.

On August 6, the Bergstrom-Mahler Museum will open a new exhibit, "Button Bonanza: The Debut of The William H. Blanning Bequest," featuring nearly 300 buttons from the late button enthusiast's collection. The expo and exhibit occurring together presents a unique opportunity for the two groups to partner in garnering community awareness.

Hanson, a paperweight button maker, will be giving a lecture titled The Birth of a Paperweight Button at the exhibit's public reception on August 13. Public showroom hours at the convention will be August 15-16, 10am-5pm and 17, 10am-3pm.

Visit [nationalbuttonociety.org](http://nationalbuttonociety.org) for more information.

—By Cameron Carrus

### arts events

#### 1-3 | Riverside Players "Theatre in the Park" presents Oklahoma

The Great American Musical directed by Sofia Galloway. Th & F, 8-10pm; Sa, 7-9pm. Riverside Park Pavilion, Neenah. 886-6060.

#### 1-11 | Sunday in the Park w/ George

A funny & deeply moving Pulitzer Prize-winning musical, inspired by Georges Seurat's pointillist masterpiece "A Sunday Afternoon on the Island of La Grande Jatte." Tu-Sa, 8pm; Su, 7:30pm. Peninsula Players Theatre. 868-3287.

#### 1, 8, 15, 22, 29 | Heid Music Summer Concert Series

Move, groove & relax to the rhythm of the region's hottest live bands during free concerts right Downtown. 5-8:45pm. Houdini Plaza, Appleton. 954-9112.

#### 1, 8, 15, 22 | Concerts at the Garden Series

The season opens w/ Ilya Kaler playing the Britten Violin Concerto. The program concludes w/ Beethoven's Eroica Symphony. 8-10pm. Door Community Auditorium, Fish Creek. 854-4060.

#### 1, 8, 15, 22, 29 | Lunchtime Live Concerts

Enjoy live music during your lunch break! 11:30am-1pm. Houdini Plaza, Appleton. 954-9112.

#### 2 | John Hiatt with Steve Earle & the Dukers

2 of rock's most astute contemporary songwriters join forces @ DCA for a concert of hard-edged lyricism & musical power. 8-10pm. Door Community Auditorium, Fish Creek. 868-2728.

#### 3, 10 | Tunes @ the Tundra Concert Series

Free fun outdoor concerts w/ wine & food available for purchase. 4-6pm. Parallel 44 Winery, Kewaunee. 388-4400.

#### 4 | Eilen Jewell

Boise-born, Boston-based mix of old country, jug band, American folk, UK garage rock, & vintage R&B music. 8-10pm. Door Community Auditorium, Fish Creek. 868-2728.

#### 4, 11, 18 | Sundays at the Amphitheater

A weekly Sunday Night concert series offering free family entertainment. 6:30-8pm. Sunset Park, Kimberly. 788-7507

#### 6 | Knights on the Fox: Daddy D's Productions

Highlights local performers & a picnic atmosphere. Singing, dancing & acting. 5-8:30pm. St. Norbert Campus, Green Bay. 403-4011.

#### 6, 13 | Appleton City Band Summer Concert

7pm. Pierce Park, Appleton. 739-0950.

#### 6-24 | Peninsula Music Festival

9 full symphonic concerts performed in just 3 weeks, featuring world class guest artists & conductors. Door Community Auditorium, Fish Creek. 854-4060.

#### 6 | Peninsula Music Festival: Opening

The season opens w/ Ilya Kaler playing the Britten Violin Concerto. The program concludes w/ Beethoven's Eroica Symphony. 8-10pm. Door Community Auditorium, Fish Creek. 854-4060.

#### 7 | Ashwaubenon Concert in the Park

Featuring Jerry Volker & the Jolly Gents (polka). 11:30am-2pm. Klipstine Park, Ashwaubenon. 492-2331.

#### 8 | Ashwaubenon Concert in the Park

Featuring Talk of the Town. 4:30pm-7pm. Pioneer Park, Ashwaubenon. 492-2331.

#### 8 | Peninsula Music Festival: Russian Wonders Pre-Concert Talk

Conductor Victor Yampolsky will talk about the music being performed that evening. 6:30pm. Door Community Auditorium, Fish Creek. 854-4060.

#### 8 | Peninsula Music Festival: Russian Wonders I

Tchaikovsky's Pezzo Capriccioso, the Rococo Variations & the Nocturne. 8-10pm. Door Community Auditorium, Fish Creek. 854-4060.

#### 9 | BoDeans Live in Concert!

Wisconsin's own BoDeans will rock Country Fest this summer. 7:30pm. St. Nicholas Parish, Freedom. 788-1492.

#### 10 | Peninsula Music Festival: A Tribute to Marvin Hamlisch

A night of Hamlisch's most popular pieces, including pieces from 'A Chorus Line' alongside 'They're Playing Our Song.' 6:30-9:30pm. Door Community Auditorium, Fish Creek. 854-4060.

#### 10-11 | Green Lake Fine Arts Show

Heralded as one of the Midwest's finest art shows. The show has received the Green Lake Magazine's Reader's Poll Award for "Favorite Attraction" for 2004-2012. Sa, 10am-5pm; Su, 10am-4pm. Playground Park. 294-6950.

#### 11 | Kathy Mattea

Originally a country-pop crooner, has branched into country, folk & Appalachian music. 8-10pm. Door Community Auditorium, Fish Creek. 868-2728.

#### 12 | Music on the Green: Bent Grass

The 4 members of Bent Grass Band blend harmonies as they play banjo, guitar, stand up bass, mandolin & dobro. 5-6pm. Heritage Hill State Historical Park, Green Bay. 448-5150.

#### 12 | Music @ the Library

Featuring Chill, a blues & R&B trio. 6:30-7:30pm. Appleton Public Library. 832-6173.

#### 13 | Neenah Community Band Concert

The Neenah Community Band presents Band Member Favorites. 7-8pm. Riverside Park. 886-6060.

#### 13 | Peninsula Music Festival: Baroque Hits

Concertmaster Igor Yusefovich teams w/ principal oboe Eric Olson to perform Bach's Violin & Oboe Concerto. Also performed will be Handel's Water Music Suite No. 1, Bach's Violin Concerto #2 in E major & Handel's Royal Fireworks Music. 8-10pm. Door Community Auditorium, Fish Creek. 854-4060.

### Mile of Music

For the first time, Appleton will play host to an artisan music festival showcasing more than 100 local and national artists from August 8-11. Spearheaded by Appleton native and musician Cory Chisel, in collaboration with Dave Willems of Willems Marketing, Mile of Music aims to bring new tunes to the Fox Valley.



"It's not about top 40 music, it's not about cover bands," Chisel says. "[It's about] music that is both original and creative, and not necessarily geared towards mass marketing."

Watching Appleton's downtown expand through an ever-growing farmers market and Houdini Plaza renovation, Chisel saw potential in the town's capacity to support a festival inspired by national musical festivals such as Austin's South by Southwest.

"Ideally it would be for people that have lost faith that they fit into the music scene," says Chisel. "It should be for everybody."

The festival will occupy more than a mile of downtown College Avenue with stages both traditional and unconventional, from Lawrence Memorial Chapel to

Spat's Restaurant. Most events will be free to the public, but proceeds will be put toward the new Mile of Music Fund through the Appleton Education Foundation to support music opportunities within Appleton public schools and the new Creative Downtown Fund, which will subsidize creative projects in Downtown Appleton.

"In a perfect world, all music would benefit the community," Chisel says. "We're trying to figure out a model that asks people to pay money and come and support it, but also in turn takes care of the place they live."

Visit [mileofmusic.com](http://mileofmusic.com) for the latest updates on bands, venues and volunteer opportunities.

—By Siri Parrin

#### 14-31 | Ken Ludwig's The Game's Afoot

A funny whodunit w/ twists, turns & murderous pandemonium. Tu-Sa, 8pm; Su, 7:30pm. Peninsula Players Theatre, Fish Creek. 868-3287.

#### 14 | Ashwaubenon Concert in the Park

Lunchtime concert series, featuring The Hits (50's-70's rock n' roll). 11:30am-2pm. Klipstine Park, Ashwaubenon. 492-2331.

#### 15 | Blue Grass and Green Fire

Musicians from Horseshoes & Hand Grenades & a showing of Green Fire: Aldo Leopold & a Land Ethic for our Time. 6-9:30pm. John Michael Kohler Arts Center, Sheboygan. 458-6144.

#### 15 | Peninsula Music Festival: Russian Wonders II Pre-Concert Talk

Conductor Victor Yampolsky will be giving a pre-concert talk about the music being performed that evening. 6:30-7:15pm. Door Community Auditorium, Fish Creek. 854-4060.

#### 15 | Peninsula Music Festival: Russian Wonders III

Prokofiev's Symphony No. 6, 1st & 3rd Piano Concertos w/ pianist Inna Faliks. 8-10pm. Door Community Auditorium, Fish Creek. 854-4060.

#### 16 | Art on the Town

Downtown Appleton's art museums, galleries, studios & stores open their doors to allow the public to experience art. 6-9pm. Appleton Downtown Inc. 954-9112.

#### 16-18 | "The Sons of the Ponderosa"

Part of Palace Dinner Theatre's 2013 season of unique shows. Our dinners are one of a kind, in that they are always thematic to the show, as well as part of the show. F-Sa, 7pm; Su, 1pm. Palace of Reifs Mills Dinner Event Theatre, Denmark. 732-3172.

#### 17 | Peninsula Music Festival: All Mozart

6:30pm. Door Community Auditorium, Fish Creek. 854-4060.

#### 17 | Plein 'old' Oshkosh

Members of the Oshkosh Fine Arts Association assist the public in creating doodles or be part of a spontaneous public doodle. 8am-12pm. Main St., Oshkosh. [oshkoshfinearts.org](http://oshkoshfinearts.org)

#### 20 | Neenah Community Band Concert

The Neenah Community Band presents Happy Wanderers German band. 7-8pm. Riverside Park. 886-6060.

#### 20 | Peninsula Music Festival: Crossing the Channel

Tchaikovsky's Violin Concerto, Ravel's Mother Goose Suite, the Bruch Scottish Fantasy, Faure's Pelleas & Melisande, music from Bizet's Carmen. 8-10pm. Door Community Auditorium, Fish Creek. 854-4060.

#### 21 | Ashwaubenon Concert in the Park

Featuring Eddie Biebel & Vicki Baser. 11:30am-2pm. Klipstine Park, Ashwaubenon. 492-2331.

#### 22 | Peninsula Music Festival: Russian Wonders III Pre-Concert Talk

Conductor Victor Yampolsky will give a talk about the music being performed that evening. 6:30pm. Door Community Auditorium, Fish Creek. 854-4060.

#### 22 | Peninsula Music Festival: Russian Wonders III

Stewart Goodyear performs Shostakovich's 1st & 2nd Piano Concertos. Concludes w/ Shostakovich's last symphony, conducted by Victor Yampolsky. 8-10pm. Door Community Auditorium, Fish Creek. 854-4060.

#### 23-25 | Shrek the Musical

All-new songs, great dancing & breathtaking scenery. F & Sa, 7-10pm; Su & Tu, 2-5pm. Kohler Memorial Theater. 645-5806.

#### 23-25 | Artstreet

Over 200 artists from throughout the country, music & performing arts on multiple stages, demonstrations, literary events, activities for children, youth art exhibits & cultural exhibits. F, 5-11pm; Sa, 10am-10pm; Su 10am-5pm. Downtown Green Bay. 435-5220.

#### 24 | Peninsula Music Festival: Mahler Five

This marks the 1st complete performance of Mahler's 5th Symphony @ the festival. 6:30-8:30pm. Door Community Auditorium, Fish Creek. 854-4060.

#### 25 | A Musical Bouquet

Wisconsin Symphonic Winds Concert. 7:30pm. Music Hall of the Arts & Communications Center @ UW-Oshkosh. 232-8635.

#### 26 | River City Six

This band brings a blend of New Orleans & Chicago style jazz to Heritage Hill State Historical Park to finish off the summer music season. 5-6pm. Heritage Hill State Historical Park, Green Bay. 448-5150.

#### 26 | Music @ the Library

Concert featuring Heller Mason performing indie, acoustic, & folk rock tunes. 6:30-7:30pm. Appleton Public Library. 832-6173.

### opening exhibits

Appleton Public Library. 832-6173

Thompson Community Center  
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## Burger Bonanza

When Seymour puts on its annual burger festival, it doesn't hold back. From the Hardee's Thick Burger Eating Contest to the World's Largest Burger Parade and a weightlifting contest in which participants bench press, that's right, hamburger meat, the Annual Burger Festival is packed full of themed events for the entire family.

Nothing less can be expected from the "Home of the Hamburger," as Seymour was declared by the Wisconsin State Senate in 2007. This year's 25th Annual Burger Festival will take place from 4pm on Friday, August 9 and until 8pm on Saturday, August 10.



Several unique aspects of this year's festival commemorate Charles Negreen. Negreen is credited as the creator of the hamburger, and because of that, the people of Seymour have affectionately dubbed him "Hamburger Charlie." This year, Hamburger Charlie will be immortalized as a giant bust carved entirely out of a 600 pound block of cheese.

"We'll be auctioning that off," says Jim Campbell, president of the Home of the Hamburger board. "Hopefully we can get a real cheese lover to buy it."

With the combination of the festival, parade, and featured band Boogie and the Yo-yo'z, Campbell says they're expecting about 35,000 people to visit Seymour and enjoy their iconic festival.

"By having this festival and getting noticed, it brings more business opportunities [to Seymour]," says Campbell. "Most importantly, the money that we make goes back into the community. It's a good event for Seymour, it helps out where needed."

For more information, please visit [homeofthehamburger.org](http://homeofthehamburger.org).

—By Alyssa Villaire

ARTgarage. 448-6800  
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Baer Gallery at Bush Art Center,  
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Bergstrom-Mahler Museum,  
Neenah. 751-4658

Button Bonanza: The Debut of  
The William H. Blanning  
Bequest with Selections from  
the Beadell Collection  
Aug 6-Sep 8.

Francis Hardy Center for the  
Arts, Ephraim. 854-2210

Collection Invitational &  
Collector's Choice Benefit  
thru Aug 25. Highlights 2 works  
from each of the 40 professional local  
& regional artists on display. Great  
opportunity to add a piece to your  
personal collection.

Community Mosaic Project  
thru Aug 25. The display consists of  
300 individual 6x6 inch canvases, all  
crafted by community members,  
youth, professional & amateur artists.

Frank Juarez Gallery, Sheboygan.  
559-7181

Indiana Green  
Aug 1-Sep 7. This exhibition  
introduces a diverse body of work by  
18 artists ranging from paintings to  
mixed media, sculpture to  
printmaking & installation to  
photography. This exhibition  
represents personal exploration of  
materials, media & ideas in a  
contemporary practice.

Godschalx Gallery, St. Norbert  
College, De Pere. 337-3181

April Beiswenger: My Worldly  
Solace  
Aug 26-Sep 28. "My Worldly  
Solace" explores the forms of  
sacredness encapsulated w/in the  
materials of mundanity. The pieces of  
the show want the viewer to sense  
the ineffable hidden by the practical,  
the secular, the earthly, the aesthetic.

John Michael Kohler Arts Center,  
Sheboygan. 458-6144

Carolyn Ottmers: Splice  
thru Aug 10. Drawing from the  
natural landscape & the built world,

Carolyn Ottmer's (IL) SPLICE  
presents oversized hanging vines  
and branches cast in stainless steel.  
These hybrid creations are inspired  
by the plant life that thrives, against  
all odds, in urban environments.

Lauren Fensterstock: Celebration  
of Formal Effects, Whether  
Natural or Artificial  
thru Aug 18. A metalsmith by  
training & a city dweller at heart,  
Fensterstock created her first garden  
when she moved into a new house  
that had a tiny backyard.

Mosquito Hill Nature Center,  
New London. 779-6433.

Nature & Landscaping  
Photography Exhibit  
thru Aug 30. An exhibit of  
photographs taken by members of  
the Mid-Wisconsin Photography  
Group.

Neville Public Museum,  
Green Bay. 448-4460

A Selection of Watercolors  
from the Museum's Permanent  
Collection  
thru Aug 10.

Peninsula Art School & Gallery,  
Fish Creek. 868-3455

Door County Plein Air Festival  
Exhibition  
thru Aug 17. Paintings created by  
the master plein air (landscape)  
painters in the 7th annual Door  
County Plein Air Festival will be on  
display.

Plymouth Arts Center. 892-8409  
Wisconsin Watercolor Society  
Aug 9-Sep 27.

Rahr-West Art Museum,  
Manitowoc. 683-4501

Frank Lloyd Wright: Architecture  
of the Interior  
thru Aug 4. An exhibition exploring  
the design of Frank Lloyd Wright's  
houses, often considered his greatest  
architectural accomplishment.

Members & Manitowoc County  
Artists  
Aug 25-Sep 15. Local artists &  
RWAM Membership showcase their  
artistic talents. Many pieces are for  
sale.

Silver Lake College Art Wing,  
Manitowoc. 684-6691

Guest Art Exhibit: Kelly Jelinsky  
Aug 23-Sep 20.

☎ = Suitable for families with young children. 📞 = Reservation required.

The Trout Museum of Art,  
Appleton. 733-4089

33rd Annual SECURA Fine Arts  
Exhibition  
thru Aug 4. One of the region's top  
competitive fine arts exhibitions  
featuring Wisconsin artists.

2nd Annual Farm to Plate  
Exhibition  
Aug 16-30. Artists may hunt for  
subject matter in their kitchens,  
gardens, a farmer's field, the plates on  
their tables or inspiration acquired  
from the Appleton Farm Market.  
Works will be displayed in the  
museum's atrium surrounding the  
newly renovated Houdini Plaza.

## community & cultural events

1 | FirstMerit Bank Taste On  
Broadway  
The 16th annual night of food, music  
& fun. 5-11pm. Historic Broadway  
District, Green Bay. 437-2531.

3-4 | WWI Encampment  
Re-enactors portraying soldiers of  
Company E, 2nd Wisconsin Infantry  
will help you inspect the equipment,  
weapons, uniforms & gear of a  
WWI soldier. Sa, 10am-4:30pm; Su,  
12-4:30pm. Heritage Hill State  
Historical Park, Green Bay.  
448-5150.

6 | Prairies of the Navarino Wildlife  
Area  
Tour throughout the prairies around  
the nature center & view the  
numerous grasses & flowers. 6:30pm.  
Navarino Nature Center, Shiocton.  
715-758-6999.

6 | Summer Celebration @ APL ☎  
4-7pm. Appleton Public Library.  
832-6173.

8 | Ashwaubenon Family  
Fun-ath-alon ☎  
This family event will include  
carnival games, balloon toss,  
inflatable games, a dunk tank,  
clowns, balloons & music from  
"Talk of the Town." 4:30-7pm.  
Pioneer Park, Ashwaubenon.  
492-2331.

10 | 1870's Village Fair  
An 1870's county fair w/ livestock  
judging, games, special guests &  
historic trade demonstrations.  
10am-4pm. Pinecrest Historical  
Village, Manitowoc. 684-4445.

10 | Wish Upon a (Shooting) Star ☎  
Learn how & why meteor showers happen & the best way  
to observe them during an indoor presentation by naturalist  
Steve Petznick. Afterwards, we'll head outdoors (weather  
permitting) to catch a glimpse of some shooting stars. 8-11pm.  
Mosquito Hill Nature Center, New London. 779-6433.

14 | The Wisconsin Turtle Conservation Program ☎  
Join Andrew Badje, DNR conservation biologist, as he discusses  
our native turtles & the new Wisconsin Turtle Conservation  
Program. Afterwards, he will lead participants  
on a hike around the property looking @ the turtle habitat.  
1-2:30pm. Mosquito Hill Nature Center, New London.  
779-6433.

17 | Fur Trade Era in Wisconsin  
Discover how Green Bay's earliest settlers dressed, cooked, built  
their homes & carved out a living in the Wisconsin wilderness.  
10am-4:30pm. Heritage Hill State Historical Park, Green Bay.  
448-5150.

17 | Navarino Wildlife & Wheels Bike Tour  
Six various tours on the roads around the wildlife area.  
8am-3:30pm. Navarino Nature Center, Shiocton.  
715-758-6999.

17-18, 22-25 | Valley Home Builders Association Parade  
of Homes  
Tour 40 newly-built homes located throughout the Fox  
Cities. Sa & Su, 11am-5pm, Th & F, 5pm-8pm. Appleton.  
731-7931.

18 | Riverside Cemetery Walk: Meet the Mayors 2  
Walking tour of Riverside Cemetery to learn the stories of  
early mayors. 2-3pm. Appleton Historical Society, Riverside  
Cemetery. 540-3699.

18 | Public Cave Tour & Dig  
Led by experienced Wisconsin Speleological Society tour  
guides, tours are free & open to the public. 10am-3:30pm.  
Cherney Maribel Caves County Park, Manitowoc County.  
[wisconsincaves.org](http://wisconsincaves.org) or 830-6484.

22 | Garden to Gourmet ☎  
Area Chefs use locally grown foods for dinner in a prairie  
setting. Taking place under an elegant tent, rain or shine.  
5-10pm. Gardens of the Fox Cities, Appleton. 750-5464.

22 | Summer Ballroom Dance Party  
Meet new people, watch dance demonstrations & exhibitions,  
& mix it up with other dancers. 5-8pm. John Michael Kohler  
Arts Center, Sheboygan. 458-6144.

24 | Stories from the Stones: Appleton Civil War Soldiers  
☎  
Joe Gaerthofner leads a walking tour that explores some of  
Appleton's most prominent & some lesser-known soldiers, &  
the dedication of the George D. Eggleston G.A.R. monument.  
9-10:30am. Riverside Cemetery, Appleton. 735-9370.

31-Sep 1 | Fox Jazz Festival  
Headliners for the 2 day festival include Grammy nominated  
jazz pianist Fred Hersch & local jazz favorite Janet Planet.  
Sa & Su, 9am-5pm. Jefferson Park, Menasha. 749-2787.

## fundraisers

5 | Down Syndrome Awareness Walk ☎  
10am-3pm. Riverside Park, Neenah. Register @  
[dsawfoxcities.org](http://dsawfoxcities.org)



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## Big Business

In the words of Ed Sullivan, it's a "really big shew!" "How to Succeed in Business Without Really Trying" finishes Attic Theatre's 2013 season with a bang. The production is one of four showing this summer.

The musical, based on Shepherd Mead's 1952 self-help book, was originally written in 1961 and just came off Broadway for its second revival with Daniel Radcliffe. Old-school loyalty, yes-men and office parties make this satire of big business a hilarious and one-of-a-kind production for all ages.

Audiences will note how some aspects of this production are still relevant today, while others are hopelessly outdated – take for instance the number titled "Happy To Keep His Dinner Warm."

Judy Hebbe, president of the Attic Theatre Board, says this production would lose some of its humor if it were updated. This production takes place in a pre-feminist, pre-counterculture society, before Betty Friedan and the Summer of Love.

The costumes, sets, choreography and music were put together by 29 local actors and a huge production crew who volunteered their time, dedicating a large portion of their summer to create this gem of a performance.

"We [who] are involved in Attic are really pleased with the turnout of the talent this season," Hebbe says. "We had over 100 people who auditioned this year, and the caliber of the actors and the professionalism and their experience has been outstanding."

"How to Succeed in Business Without Really Trying" takes the stage August 7-10, 14-17, with a matinee on August 18. To order tickets or for more information, call 734-7887 or go to [attictheatreinc.com](http://attictheatreinc.com).

—By Sara Stein

### 8 | The Arc Fox Cities' 22nd Annual Golf Outing

Raise money for individuals w/ developmental disabilities. 11:30am-8pm. Royal St. Patrick's Golf Links, Wrightstown. 725-0943.

### 15 | Third Thursday

A 3rd Thursdays event benefiting the Emergency Shelter of the Fox Valley. Live music, food, friendship & a cash bar. 4:30-7pm. UWFox's Communication Arts Center, Menasha. 832-2889.

### 16 | Rick and Len "Two Putz" Golf Classic

Raise money for the American Red Cross in Northeast Wisconsin. 10am-4pm. Mid Vallee Golf Course, De Pere. 831-5631.

### 17 | Doggie Dip @ Ashwaubomay Lake

Let your favorite companion go for a dip in the lake. A portion of the proceeds go to the Bay Area Humane Society. 12-3pm. Ashwaubomay Park, Ashwaubenon. 492-2331.

### 20 | Golf Fore Children

Annual golf outing to benefit local children-focused organizations. If you aren't a golfer, join us for dinner & silent auction & raffle. 8:30am-6pm. Royal St. Patrick's, Wrightstown. 960-5596

### 27 | Annual Silent Auction & Corn Roast

Silent auction, dinner & entertainment, featuring the Bobby Rivers Band. 5-9:30pm. The Thompson Community Center, Appleton. 225-1700.

## lectures, readings, presentations & discussions

### 1 | Food Preservation 101

Learn the basics of home food preservation using current, research based methods. 6-7pm. Kimberly Public Library. 788-7515.

### 3 | Outagamie County Master Gardeners

Monthly gardening seminars. 10-11:30am. Appleton Public Library. 832-6173.

### 7 | Downtown Book Club @ Harmony Cafe

Title for discussion: The End of your Life Book Club by Will Schwalbe. 12-1pm. Harmony Cafe, Appleton. 832-6173.

### 8 | Eats on the Streets Walking Tour

A tour of downtown Appleton's historic restaurants, from food carts to pizza palaces, incorporating longstanding eateries & those that disappeared from the landscape a century ago. 6:30-8pm. History Museum at the Castle, Appleton. 735-9370.

### 13 | Button Bonanza: Public Reception & Artist Demonstration

Button artist & Appleton native, Greg Hanson will present a short history of modern paperweight buttons. 4-7pm. Bergstrom-Mahler Museum, Neenah. 751-4658.

### 14 | Bed Bugs, Spiders, & Ticks: The Good, Bad, & the Ugly

Learn about common summer bugs. 10-11am. Appleton Public Library. 832-6173.

### 15 | Third Thursday Lectures: Wisconsin Wildlife Update

Join Scott Craven for an update on some contemporary & sometimes controversial Wisconsin wildlife issues. 9:30-11am. Mosquito Hill Nature Center, New London. 779-6433.

### 20 | Nonfiction Book Club

Join us for some discussion of contemporary nonfiction the 3rd Tu of every month. Newcomers welcome! Copies of the book are available @ the Reference Desk. 2pm. Menasha Public Library. 967-3690.

### 21 | Appleton Historical Society Speaker Series

Bill Breider will discuss the history of the YMCA as they celebrate their 100th anniversary. 7-8:30pm. Atlas Coffee Mill, Appleton. 540-3699.

## films

### 1 | Thursday Afternoon @ the Movies

Featuring 42, the story of Jackie Robinson & his history-making signing w/ the Brooklyn Dodgers. 4pm. Appleton Public Library. 832-6173.

### 8 | Thursday Night @ the Movies

Discussion of This is My Sister led by the film's director, Frank Caruso. 6pm. Appleton Public Library. 832-6173.

### 15 | Thursday Afternoon @ the Movies

Featuring Mud. Two boys, Ellis & his best friend Neckbone, find a mysterious man named Mud hiding out on a deserted island in the Mississippi. 4-6pm. Appleton Public Library. 832-6173.

## classes & workshops

### 6, 13, 20, 27 | Creative Journey

Explore your creativity! 10am-12pm. Appleton Public Library. 832-6173.

### 10, 15 | Bilingual Conversation Club

Practice your Spanish/English skills w/ our facilitator. An opportunity to meet people from other countries & cultures. Sa, 10-11am & Th, 6:30-8pm. Menasha Public Library. 967-3690.

### 12 | Suburban Homesteading: Preserving Tomatoes

Salsa, sauces & canned tomatoes. Presented by Christine Knip, UW Extension & Family Living Educator. 6-8:30pm. Neenah Public Library. 886-6315.

### 14 | Luminous Luna Moths

Illuminate your understanding of these creatures of the night. 6-6:45pm. Gardens of the Fox Cities, Appleton. 750-5462.

### 15 | Creative Community

Bring your latest crafting project & supplies to the library & enjoy. 6pm. Kimberly Public Library. 788-7515.

### 19 | Knit2Together

Multigenerational knitting circle. Newcomers always welcome. 6:30-8pm. Appleton Public Library. 832-6173.

### 28 | Nature Photography

Get tips on techniques, camera settings & more, as an introduction to photography in the garden. 5-7pm. Gardens of the Fox Cities, Appleton. 750-5462.

### 31 | Monarch Tagging for Beginners

Naturalist Jessica Miller will explain the basics behind one of the coolest phenomena on Earth, monarch migration. Then participants will assist w/ capturing, tagging, testing & releasing every monarch in the Butterfly House. 12:30-3:00pm. Mosquito Hill Nature Center, New London. 779-6433.

## children's events

### 1-3 | Summer Science Series

Explore the science of different subjects through activities, games & crafts. 10am-4pm. Paper Discovery Center. 380-7491.

### 2 | PBS Kids Get Up & Go!

Appearances by Clifford the Big Red Dog & another special guest, as well as hands-on fun, music, movement, arts & crafts & science activities. 10am-12pm. Kimberly Public Library. 788-7515.

### 3, 10, 17, 24, 31 | Super Science Saturdays

Children will build a basic balance, ping pong ball catapult & an obstacle course from beginning to end by using simple machines. 9am-5pm. Building for Kids Children's Museum, Appleton. 734-3226.

### 5-9 | Spanish Camp

Participants will learn basic Spanish words & information about Hispanic culture, as well as make crafts, play games & create their own Spanish book. 5-8 y.o. Half day & full day camp selections. 8:30am-4pm. Building for Kids Children's Museum, Appleton. 734-3226.

### 6 | Pages in the Park

Enjoy nature as you read a children's story @ page stations along a path. Bring along a picnic supper if you wish & spend your evening at the park. 5-7pm. Heesakker Park, Little Chute. 788-7825.

### 7 | Peppa Pig Party

Join us for games, crafts, activities & a treat to celebrate this charming book character. 1:30-2:15pm. Menasha Public Library. 967-3670.

### 10 | Second Saturdays: Model Airships

Design & build your very own airship by choosing from a selection of supplies, like balloons, mesh, gears, & more. 11am-2pm. Oshkosh Public Museum. 236-5799.

### 10-11, 13-17 | Quarry Quest Preview

Children will be able to explore & experiment w/ magnets & learn how old roads are recycled into shiny, new products. 9am-5pm. Su, Aug 11, 12-5pm. Building for Kids Children's Museum, Appleton. 734-3226.

### 11 | Beautiful Birds

Use a variety of Bullseye glass materials to create your favorite flying friend, or invent a bird of your own design. 10am-1pm. Bergstrom-Mahler Museum, Neenah. 751-4658.

### 12 & 19 | Story Time for Preschoolers

These themed programs will begin w/a story followed by nature activities or crafts. 10:30-11:15am. Gardens of the Fox Cities, Appleton. 750-5462.

### 12-16 | Construction Kids Camp

Create towers, bridges, houses & more with everyday materials. 5-8 y.o. Half day & full day camp selections. 8:30am-4pm. Building for Kids Children's Museum, Appleton. 734-3226.

### 14 | Books of Erin Hunter Party

Activities, seek 'n' finds & a treat based on the adventure fantasy series. 1:30-2:15pm. Menasha Public Library. 967-3670.

### 20 | Turtle Tots Preschool Adventure

Learn about the remarkable change a caterpillar makes to become a butterfly. 9:30-11am. Heckrodt Wetland Reserve, Menasha. 720-9349.

### 21 | Nature Friends Til Summer's End: Dirt Edition

This site kickoff program for Fox Cities Passport to Nature is sure to get down & dirty. Hands-on outside program. 1-2pm. Heckrodt Wetland Reserve, Menasha. 720-9349.

### 21 | Construction Party

Join us in our parking lot for a big machines party. Honk the horn, man the steering wheel & enjoy these big machines, courtesy of the City of Menasha Public Works Department. For preschoolers w/a parent. 1:30-2:15pm. Menasha Public Library. 967-3670.

### 24 | Turtle Days Festival

Come out to the Reserve for a prairie celebration. Activities include games, crafts, live birds of prey, & entertainment. 12-4pm. Heckrodt Wetland Reserve, Menasha. 720-9349.

### 27-31 | Kids Free Week @ Heritage Hill State Park

This is a great outing for families, babysitters, grandparents & their grandchildren, etc. Enjoy different activities each day. 10am-4:30pm. Heritage Hill State Park, Green Bay. 448-5150.

### 28 | Movie Day @ the Library

A movie afternoon for kids. Free popcorn provided. All children must be accompanied by a responsible adult for the entire movie. Check our website for the movie title. 1:30-3pm. Menasha Public Library. 967-3670.

### More on the Web

#### Expanded Calendar Listings

Our online events calendar is updated daily with concerts, classes, exhibits and more. Find out "What's Going On" every day of the week.

**Bigness Livingstone • A Journey**  
August 26 to September 27, 2013  
Reception: 5:00 p.m., September 23  
Gallery Talk/Panel Discussion: 6:30 p.m., Perry Hall, September 23, 2013

Aylward Gallery  
UWFox Communication Arts Center  
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# GOING GREEN: Q & A

By Amelia Compton Wolff

*Local professionals answer our green construction questions*

**F**rom sustainable building materials and efficient home design to alternative energy and water conservation, going green when building a home can be overwhelming. Here are answers to some frequently asked questions regarding eco-friendly residential construction.

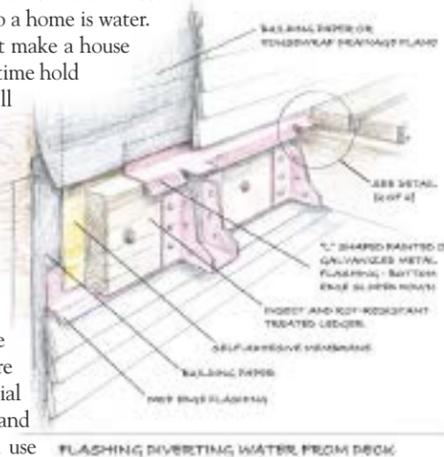
## What makes a “green” home?

“In construction, it’s not arbitrary to have a green home,” says Cindy MacSwain, owner of Vanney-MacSwain Home Planning in Appleton and a Certified Green Professional. MacSwain explains that LEED (Leadership in Energy & Environmental Design)-certified homes are rated on a system that quantifies the benefits of green homes. Some of these benefits include reduced utility expenses, improved indoor air quality as well as increased comfort, durability and safety. The LEED rating system measures a home’s performance in eight categories including aspects such as site selection, water and energy efficiency and materials and resources. Wisconsin also has the Green Built Home program, a nationally recognized green building initiative that certifies new homes and renovation projects that meet sustainable building and energy standards. Each item on the checklist of requirements is given a point value and homes must meet the minimum number of points to receive certification.



## Will using green products and practices increase my home’s maintenance requirements?

Some of them will. In general, however, green products are better made and green practices are more sustainable in the long run, MacSwain says. One of the most destructive elements to a home is water. “A lot of products that make a house more sustainable over time hold out water and those will actually reduce your maintenance,” says MacSwain, who points to flashing as an example. Flashing refers to materials used to seal seams where building materials in the home meet. This is also where water has the potential to enter your home and cause damage. “If you use higher end flashing and proper flashing you’re not going to have leaks.” Foundation drains, water spouts on gutters and flashing around windows and doors can help reduce these leaks and moisture intrusion.

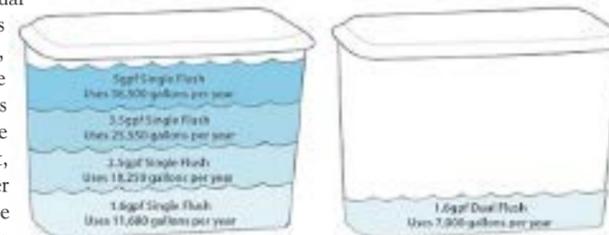


## At what stage of my project should I be considering green practices and materials to enhance energy use?

Making an effort to maximize your home’s energy use is a decision best made before any ground is broken — or even before choosing a building site. “If you start with the site, you can use the planning of the home itself to actually enhance its energy use,” MacSwain says. By designing the home with south-facing living space, homeowners can gain natural heat and light from the sun. Heat-producing spaces like kitchens and bathrooms are better served to the north. Another advantage of choosing green from the get-go is that some of the most effective energy enhancing elements are difficult to add down the road. For example, choosing superior insulation with a high r-value (its measurement of thermal resistance) is something that’s hard to go back and do later, explains Ed Schmidt, president of Schmidt Bros. Custom Homes in Appleton. “Tearing out carpet and putting in reclaimed hardwood floors is something you can do 15 years from now,” he says. “You’re probably not going to add insulation to the outside of your house in 15 years.”

## What can I do to conserve and manage water more effectively in my new home?

The United States government has set environmental standards in new construction projects, says Cal Watters, owner of Watters Plumbing in Menasha. For example, U.S. law mandates that new toilets sold in the United States be low-flow, consuming no more than 1.6 gallons of water per flush. Next year, that maximum is proposed to change to 1.28 gallons per flush. However, there are still choices homeowners can make to help save even more water and energy. Considering dual flush toilets, which use less water to flush liquid waste, is one way to conserve water. Watters urges homeowners to choose the most energy-efficient, properly-sized water heater they can afford, because that is where a lot of energy is used. Dave Ebben, residential director at Watters Plumbing, recommends installing a hot water recirculating pump with a timer which will deliver hot water to your faucet exactly when you need it (say when you’re getting ready for work in the morning) rather than running all day, significantly reducing



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water waste. "You can run three to four gallons down the drain just waiting for the water to heat up to do dishes," Ebben says. "The big thing with recirculating pumps is you don't have to." Depending on the size of the home, a recirculating pump may cost anywhere from \$600-\$1,000.

**What should I consider when shopping for eco-friendly interior paints?**

Dave Welk, sales representative for Sherwin-Williams in Appleton, says to look for products with low- or zero-VOCs (volatile organic compound). VOCs are released vapors which can compromise indoor air quality. Sherwin-Williams products designated with the GreenSure label meet LEED-certified building criteria as determined by the U.S. Green Building Council, Welk says. Natura Waterborne Interior Paint by Benjamin Moore and Behr Premium Plus Enamel Low Luster offer zero-VOC versions as well. Welk also points out that some products work double-duty by actually improving air quality. "Harmony Interior Acrylic Latex Paint [Sherwin-Williams] has zero-VOCs and odor eliminating technology. This coating helps to absorb any onsite VOCs that may be omitted by carpets or cabinets," Welk says. A word of caution: make sure your eco-friendly paint base stays that way by using zero-VOC colorants in the tinting process. "A lot of people don't think about that, but many colorants will add VOCs to the paint," Welk says. "The ColorCast Ecotoner from Sherwin-Williams utilizes new technology so the paint stays VOC-free."



**I'm considering concrete countertops in my new home. Are they as green an option as I've read?**

Concrete is a popular material for countertops for many reasons — it's durable, customizable, affordable and, yes, it can be eco-friendly. Consumers need to be aware of what the concrete is made of to ensure that the components, including dyes and sealants, are non-toxic. Dale Laurin, owner of Natural Encounters in Appleton, says the concrete countertops he creates are all natural, use recycled products and coloring that is 100 percent natural, fine-granule iron oxide. Most recently, Laurin developed an even greener option by creating an eco-friendly concrete product, Remix (patent pending). "It uses the same natural coloring and product, but eliminates stone and replaces it with recycled porcelain from Habitat for Humanity," he says. "It takes our product from 15 to 33 percent post-consumer recycled product which is LEED qualifying." Using recycled porcelain instead of stone also makes Laurin's countertops 30 percent lighter in weight, resulting in easier installation.

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# People, Places & Things

## Our Seventh Annual Photo Contest

### GRAND PRIZE WINNER (LEFT)

"Rail of Light"  
Matthew Preissner, Combined Locks

The Fox River was once the center of local industry and railway traffic. Train tracks repurposed into recreational paths, such as Appleton's Newberry Trail captured here, give a nod to this history. Preissner was inspired by this concept and photographed the bridge at night in low light to give it a timeless look. "The light on the bridge is like a doorway to the old industrial center of Appleton," he says. Our judges appreciated the intrigue and historical element of this grand prize winning photograph. Moderator Rueckl noted how its composition "draws everyone in because it has a real central point." Judge Brunette agreed. "The light on the rail draws you into it and makes you want to look at it more."

### PANEL OF JUDGES

Bill Aubrey, senior project manager, Hoffman Planning, Design & Construction, Inc.

Paul Brunette, Contractivity! Operations Leader, Ralph B. Shiner, Jr. Center for Goodwill

Julie Poburka, assistant store manager, Simon's Specialty Cheese

Pam Seidl, executive director, Fox Cities Convention & Visitors Bureau

Jen Stevenson, marketing, public relations and development director, Bergstrom-Mahler Museum

### MODERATOR:

Bob Rueckl, owner, Rueckl Studio

### PRIZES

Sincere thanks to the area businesses that have generously provided our winners with the following prizes:

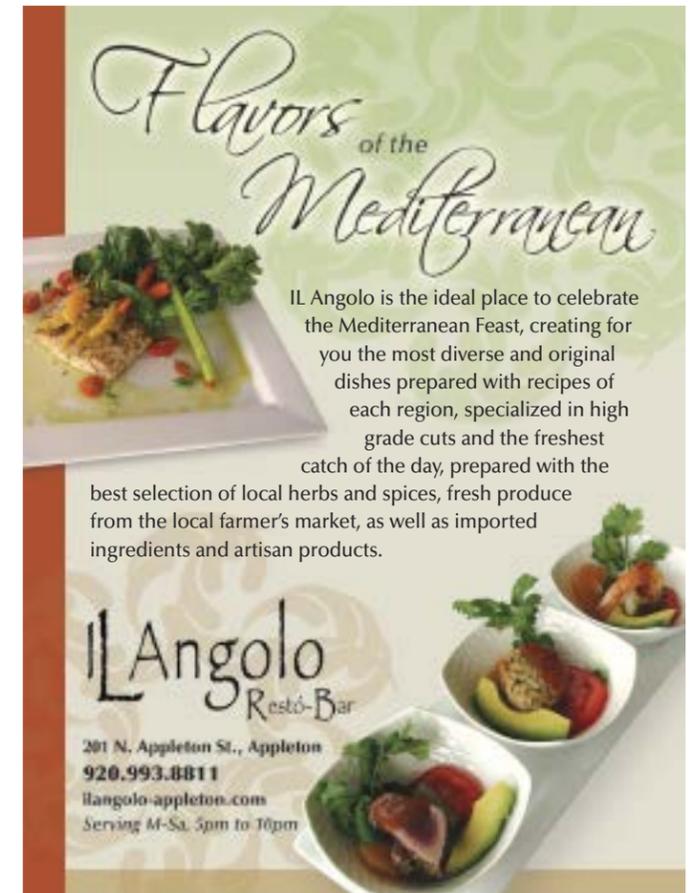
CopperLeaf Boutique Hotel, Appleton  
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### FIRST PLACE (RIGHT)

“Door County Potter”

Diane Savides, Appleton

For decades, the natural beauty of Northeast Wisconsin and Door County has been inspiring artists to create works of art. At TR Pottery in Fish Creek, an interior window invites shoppers to view the artist himself in the act of creation. Savides was inspired by the shop’s soft earth tones, contrasted by the red string of lights, as well as the inviting window which peers into the workshop and the artist’s intense concentration. The photographer played with framing the shot from many angles before finding this one, which was an element that spoke strongly to the judges. “The framing makes sense because artists don’t think symmetrically in boxes,” judge Stevenson commented. “It’s as if you’re looking into his world.”



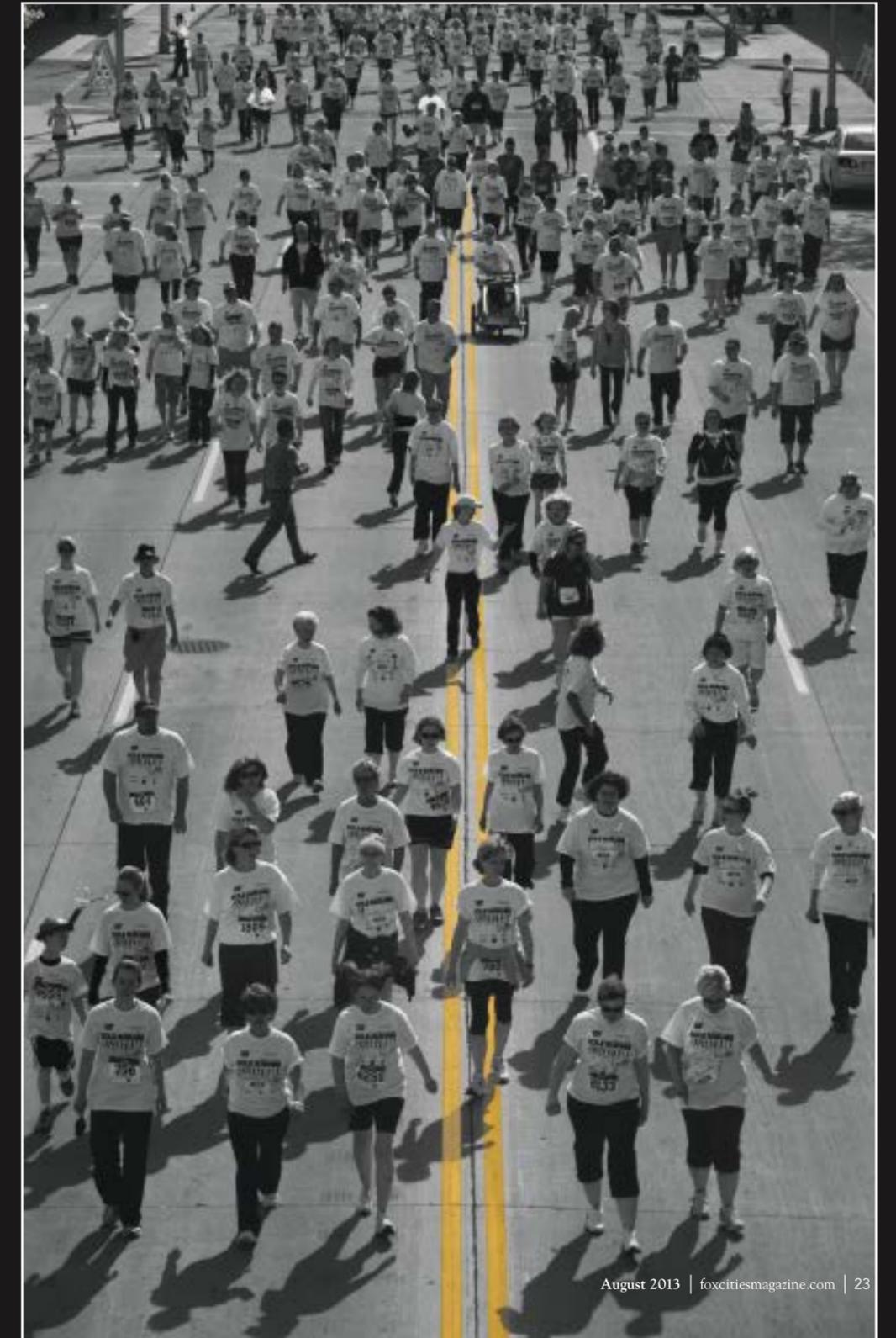
people

### SECOND PLACE (BELOW)

“Walk the Line”

Chris Hazel, Neenah

Hazel snapped this photo from the pedestrian walkway above College Avenue in Appleton during the 2012 Sole Burner 5K Run. “I wanted to get a different vantage point on the participants, to help show how many people were participating,” he said. The day’s events held special significance for the photographer who had recently lost a coworker to cancer. “To me, it depicts everyone working together and striving toward the one goal of fighting cancer,” he said. In addition to being a captivating photograph, our judges found this image to be illustrative of the Fox Cities’ philanthropic spirit. “We have so many walks and benefits going on in the area, and they always have a great turnout,” said judge Poburka. Judge Seidl seconded the sentiment by commenting, “If you’re looking for a photo that speaks to life in the Fox Cities, this is it.”



### THIRD PLACE (LEFT)

“Rowing at Dawn”

Dolores Howse, Appleton

On an early, mist-filled morning last summer, Howse photographed Fox Valley Rowing Club member Diane Mandler as she navigated the Fox River at Telulah Park in Appleton. “With so many miles of waterway, it stands to reason how important the Fox River is to Wisconsin, and especially the Fox Cities,” said Howse, a rower herself. The sense of peace and tranquility is what drew moderator Rueckl to this particular photograph which is exactly what Howse was hoping to convey. “I wanted to showcase a quiet sport that is very popular right here in Appleton,” she said.



FIRST PLACE (ABOVE)

“Awaiting a Child’s Touch”  
Karissa Dahnke, Oshkosh

Exuding with expectation, this image captivated the judges with its element of suspense. “We wait so long for summertime to be able to play again,” judge Stevenson commented. “It’s about the anticipation of it.” For Dahnke, who took the picture at Menominee Park in Oshkosh, the anticipation goes both ways. “[The monkey bars] seem to almost be waiting for someone to play on it, as if it’s waiting for a child to grab ahold and let their imagination soar,” she says.

THIRD PLACE (RIGHT)

“Historic Appleton”  
Debi Holton, Appleton

One of Appleton’s most iconic cityscapes on the shores of the Fox River was captured by Holton as she stood on the Olde Oneida Street bridge this past winter. “The Fox Cities area has such a rich, paper-making history that picturing an old mill, as well as Lawrence University, just seemed to resonate in me,” the photographer says. Holton decided to photograph in black and white to illuminate the timeless quality of the image. Our judges appreciated her choice. “Removing the color lets you evoke your own emotions,” says judge Poburka



SECOND PLACE (ABOVE)

“Eminence Grise”  
Patricia Derozier, Green Bay

Beneath the Highway 172 bridge connecting Allouez and Ashwaubenon lies an unseen world — one that appears almost Gothic with its climbing architectural layers, says judge Brunette. Judge Seidl appreciated the new vantage point this image provides. “None of us ever see bridges from that perspective,” she says. “There’s a beauty in that.” In that way, Derozier was successful in exposing this hidden aspect of our community. “Millions of people have crossed this bridge over the years since it was built, traveling to Packer games, going shopping, commuting, taking that exit for Appleton and the Valley,” she says. “From below the bridge, you can see the strong concrete shoulders that support all of this activity.”



places

# things



## FIRST PLACE (ABOVE)

“Frozen in Time”  
Patti Rozinski, Appleton

As a child growing up in the Sherwood area, Rozinski recalls a freezing rain storm that beautifully covered the weeping willow tree in her yard with ice. “This childhood memory inspired me to look for more unique ‘frozen’ trees to capture during this [past April’s] ice storm,” Rozinski said. Judge Seidl loved how this image captured unpredictable Northeast Wisconsin weather. “It speaks to what we deal with here and the volatility of our seasons,” she said. The irony of a ripe, red berry encased in ice intrigued judge Brunette. “That little pop of red is amazing,” he said.



## THIRD PLACE (LEFT)

“Frozen in Time”  
Chris Hazel, Neenah

Never is a big, hearty laugh more appreciated than in the dead of a Wisconsin winter. “We need a sense of humor to get through it,” said judge Stevenson, who found the quirkiness and comedy of this shot most appealing. The photographer stumbled upon this statue of Thomas Jefferson, adorned with his winter apparel, while walking along Neenah’s harbor one winter evening and was immediately inspired by the caring nature of local residents. “We’re willing to help each other out and take care of each other, even if that person is a statue,” Hazel said. “It also shows that there is a fun loving spirit here, despite the sometimes dreary winter months.”



## SECOND PLACE (ABOVE)

“Through the Eyes of a Child”  
Karissa Dahnke, Oshkosh

One look at this image and our judges could almost smell the deep fried funnel cakes. “It speaks to summer fun and our Midwestern values,” judge Seidl said. Dahnke snapped this shot at the Winnebago County Fairgrounds last August in hopes of representing an awestruck child’s view of the iconic ferris wheel. “I really enjoy trying to look at objects from other people’s perspectives, whether it is a child looking up, or someone looking down — to know the image that others have seen that you just might not be able to.”

[More on the Web](#)

► Check out some additional staff picks and honorable mention “People, Places & Things” photo contest submissions at [foxcitiesmagazine.com](http://foxcitiesmagazine.com).

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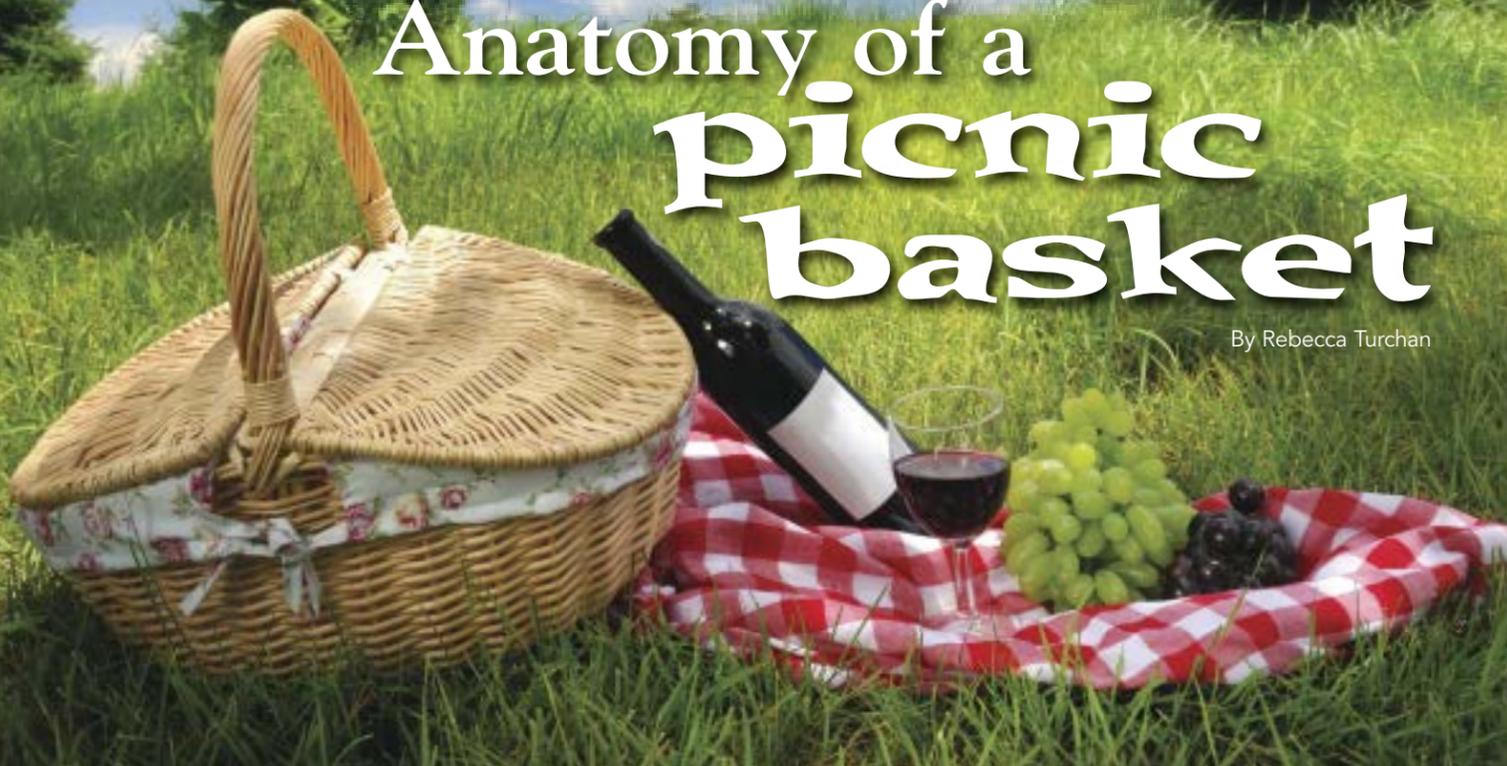
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# Anatomy of a picnic basket

By Rebecca Turchan



*August is a great time to pack your basket and stake out a prime spot on the grass. We've assembled perfect picnics for any occasion, so read on to get ideas for your next outing.*

## date night

Choose something romantic but simple, so you can focus on each other instead of worrying about messy or complex dishes. Channel the French and stick to basic, but high quality staples such as fresh bread, cheese and local wine. To begin, pick up a French baguette from one of Breadsmith's two Appleton stores, then move on to cheeses. When picking cheese, think about the time of day you'll be having your picnic and the weather conditions.

Julie Poburka from Simon's Specialty Cheese in Appleton says that while cheese is best eaten at

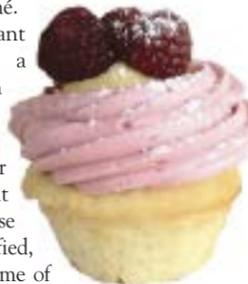
room temperature, it should be kept cool until ready to eat. Fresh cheese curds and string cheese may seem unconventional for a picnic, but their versatility makes them great choices. These young cheeses don't need refrigeration if eaten soon after purchase, but also hold up well when frozen.

"String cheese, or really any fresh, young cheese, can act as an ice pack. You can throw it in your cooler and a few hours later it will be thawed and ready to eat," Poburka says. Any wine with a milder flavor profile, such as vonStiehl Winery's Titledown (a sparkling muscat), pairs well with a young, fresh cheese.



For a tried and true classic, white sharp cheddar is pleasing to many palates and pairs well with a variety of red and white wines, hitting many different flavor notes. Sallie Marquardt from vonStiehl's recommends a Merlot or their Tranquility Lookout, a fumé.

Of course you'll want something sweet, and a cupcake from Carmella's in Appleton is the perfect choice. Call ahead if you're curious about their flavor for the day, or keep it a surprise! Or, if your cheese craving hasn't been satisfied, end your evening with some of Simon's chocolate cheese fudge, made with chocolate, cream cheese, and cheddar.



## weekday lunch break

Who says you can't have a quick picnic on your lunch break? Zuppas in Neenah has a wide variety of fresh deli salads that can satisfy any craving. Choose something without mayonnaise that can beat the heat, such as bok choy slaw, Szechuan noodle salad, or wild rice salad with dried fruit and nuts. Pick it up the day before and bring it to work in a cooler so you can get up and go, spending as much time in the sun as possible. Green Gecko Grocer & Deli in Appleton has many other sandwich and salad options as well. Head chef and owner Bob Wall recommends the Billy Goat Veg Wrap, comprised of roasted red pepper goat cheese, tomatoes, spinach, and curried olive relish.



"Goat cheese doesn't get volatile for about four hours, so it's okay to leave it the wrap out for a little while," Wall explains. Other picnic worthy options are their daily grain salads and pasta salads, which use oil and vinegar as a base instead of mayonnaise or dairy products, allowing them to stay fresher at room temperature.

For a caffeine boost to get you through the rest of the work day, finish off your lunch with an iced latte or mocha from Copper Rock Coffee Company in Appleton.



## family outing

A picnic is a great way for families to bond and spend quality time together. Kids can be picky, so keep everyone happy by making sandwiches on the spot. New York Deli in Appleton has a variety of meat and cheese available by the pound, from prosciutto to pastrami and muenster to monterey jack. Put it together with bread from Great Harvest Bread Company and you're ready to go.



Melissa Lisowe, owner of the Neenah Great Harvest store, says any of their breads are hearty enough to hold up well in a picnic lunch. "I'm a fan of the Honey Whole Wheat," she adds. "It stays moist for a long time without getting soggy."

Lisowe also has a word of advice about the role of condiments in the sandwich assembly process. "We do our condiments within, not on the outside, it keeps any condiments from actually

touching the bread and making it soggy."

To quench your thirst, pick up some Flavor 8 Soda, produced right in New London and available at many area liquor stores, such as Flanagan's in Appleton, Club Liquor in Menasha, and Cellars Wine & Spirits in Neenah. Made with natural ingredients, the soda comes in a variety of wild flavors such as lime, black cherry, and blue raspberry.

If you're more of a traditionalist, try Stone Cellar's homemade root beer instead, sold at the brewery in six packs or by the growler. For dessert, stop by Manderfield's Bakery in either Menasha or Appleton for some portable, handheld desserts, no forks necessary. Choose from a variety of cookies, or pick up a package of mini pies, available in apple, blueberry, and cherry.



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## ask Chef Jeff

Have a culinary question for Chef Jeff? Send us an email or go to our website and click on Your Input.

**Q.** I would love to try some Indian dishes, but most of the recipes I've found call for coconut milk, and I'm allergic to it. What can I substitute for coconut milk? — Brian, Appleton

**A.** I'll Pass on the Coconut

It really depends upon the recipe as to what will make a reasonable substitute for coconut milk. To substitute for a distinct ingredient like coconut milk, there are really two factors: replacing the flavor and replacing the texture. If you are allergic to coconut, it might be difficult to substitute for the flavor, although it is possible that there may be some imitation coconut flavorings that do not actually contain coconut as an ingredient. As for the texture, there are a number of things you could try. My first suggestion would be evaporated milk. Another suggestion would

be to thicken some milk or stock (or a combination thereof) with a little roux, corn starch or flour slurry. Any of these should provide you with a reasonable substitute for coconut milk. I hope I answered your question and best of luck in your pursuit, Brian!



Chef Jeffrey Igel is the chair of the Culinary Arts & Hospitality Department at Fox Valley Technical College, Appleton. "Chef Jeff" has spent his entire career in the restaurant and hospitality industry, serving in many capacities.

## DRINK OF THE MONTH

Recipe courtesy of:  
The Bar on the Avenue,  
Appleton

Co-owner Kyle Willenkamp says this is the perfect light and refreshing summer drink. The fresher the mint and lime, the more crisp this classic libation will taste.



### THE CLASSIC MOJITO

- 2 sugar cubes
- 2-3 lime wedges
- 5-6 mint leaves
- 2 oz Bacardi superior rum
- club soda

Place sugar cubes, lime wedges and mint leaves in the bottom of a 12-14 ounce mixing glass and muddle. Fill with ice, add rum and fill the remainder of the glass with club soda. Place a shaker over the glass and shake 3-4 times. Garnish with a lime wedge and a mint leaf.

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**Appleton Beer Factory** 603 W. College Ave., Appleton. The obvious and delicious priority at Appleton Beer Factory is, of course, beer. The restaurant was built to immerse patrons in beer culture and display the brewing process. A seasonal menu reflects the exploration and discovery of a new, "beer-centric" way of doing things. Focusing on natural, sustainable foods that are sourced locally and house-made, the menu will feature the best produce, fish, and meats to ensure the best flavor and experience for guests. Opening late summer 2013. [www.appletonbeerfactory.com](http://www.appletonbeerfactory.com)

**Carmella's: an Italian Bistro** 716 N. Casaloma Dr., Appleton. 882-4044. Authentic Italian cuisine in a modest, European style setting with a lively atmosphere and a knowledgeable, welcoming staff. Choose fresh pastas, entrees, appetizers, salads and sandwiches any time of day. Enjoy a classic Italian meat and cheese plate for dinner or take some home! Divine desserts are made in house and the wine list spotlights Italian wines. 2012 FOX CITIES Magazine's Golden Fork Award winner for Best Overall, Best Italian, Best Presentation of Entrée, Best Seafood, Best Waitstaff and Best Dessert. Our private dining area is perfect for small groups, or let us bring the party to you with off-site catering. Enjoy outdoor dining on our charming and cozy patio! Su-Th, 11am-9pm; F & Sa, 11am-10pm. Reservations accepted for parties of 6 or more. Parties less than 6, accepting "call-aheads" for our daily waiting list. [carmellasbistro.com](http://carmellasbistro.com)



**The Kangaroost** 313 Dodge St., Kaukauna. 766-7662. Serving diner style food with a local flair, Kangaroost presents chef inspired versions of classic favorites. On the menu, which changes seasonally, expect to find pastries made from scratch daily, a custom Kangaroost coffee blend and the freshest ingredients sourced locally from area farmers whenever possible. Join us Tu-F for breakfast served until 11am and on the weekends until 2pm. Kitchen hours: Tu-Th, 8am-8pm; F, 8am-9pm; Sa-Su, 8am-2pm. Now open Sa nights until 10pm, hosting special Craft Cocktail nights with local guest bartenders! [www.thekangaroost.com](http://www.thekangaroost.com)

**Osorio's Latin Fusion** 1910 N. Casaloma Dr., Appleton. 955-3766. Welcome to Osorio's Latin Fusion, a family owned establishment where food is prepared entirely from scratch right in our kitchen. Our menu, including a large selection of gluten free items, merges sensational Latin flavors with our other favorite foods to create a unique

taste. Consider booking a private room for your next event. Open for lunch and dinner 7 days a week. [www.osorioslatinfusion.com](http://www.osorioslatinfusion.com)

**Vince Lombardi's Steakhouse** 333 W. College Ave., Appleton. 733-8000. Located inside the Radisson Paper Valley Hotel. Honored with the NFL's Most Valuable Property (MVP) Award in 2009. Extraordinary Steaks, Superb Wines and Legendary Service. Enjoy world-class dining set among Coach Lombardi's personal memorabilia and classic photos. Experience a commitment to excellence in food, beverage and service that is commensurate with the standards of our namesake. The award-winning restaurant features extraordinary USDA prime cuts of beef and a wine list that Wine Spectator Magazine has named "one of the most outstanding in the world." [www.vincelombardisteakhouse.com](http://www.vincelombardisteakhouse.com)

**Zuppas** 1540 S. Commercial St., Neenah (in the Shops at Mahler Farm, next to Cops Food Center). 720-5045. Our top-flight chef team led by Chef Peter Kuenzi, urban cafeteria setting, and penchant for local ingredients ensure that your food is creative, fresh and ready fast. For breakfast, lunch and dinner, Zuppas Café offers chef-prepared soups, sandwiches, salads and more. Enjoy handcrafted pastries and desserts with coffee or take home a variety of fresh prepared salads and entrees from our deli. Zuppas Green Room is perfect for intimate weddings, rehearsal dinners, presentations & meetings, corporate functions, family gatherings, and birthday parties. Our patio is open for the season! M-F, 8am-8pm; Sa, 11am-3pm; closed Su. Visit [zuppas.com](http://zuppas.com) for daily specials.

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