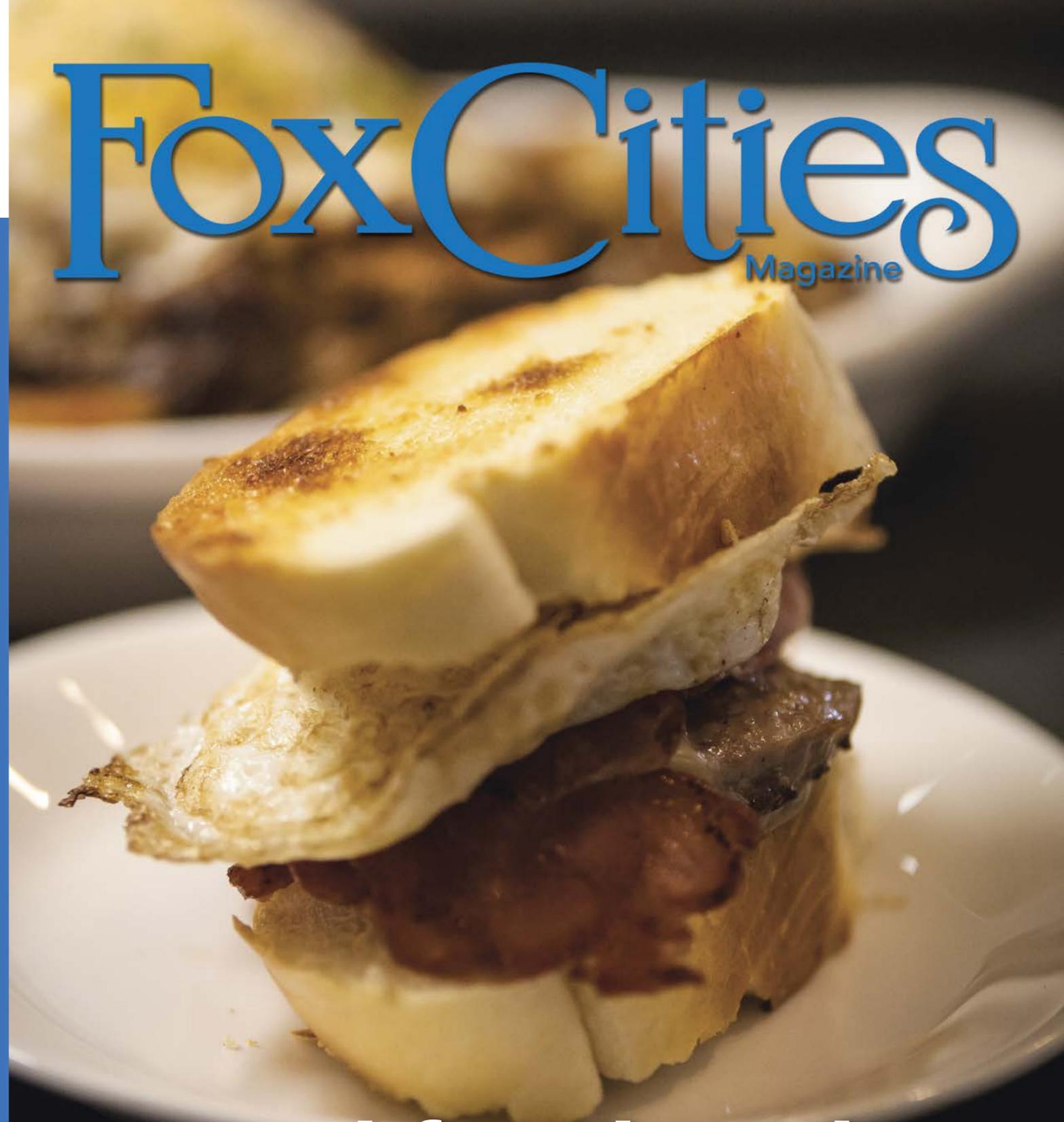


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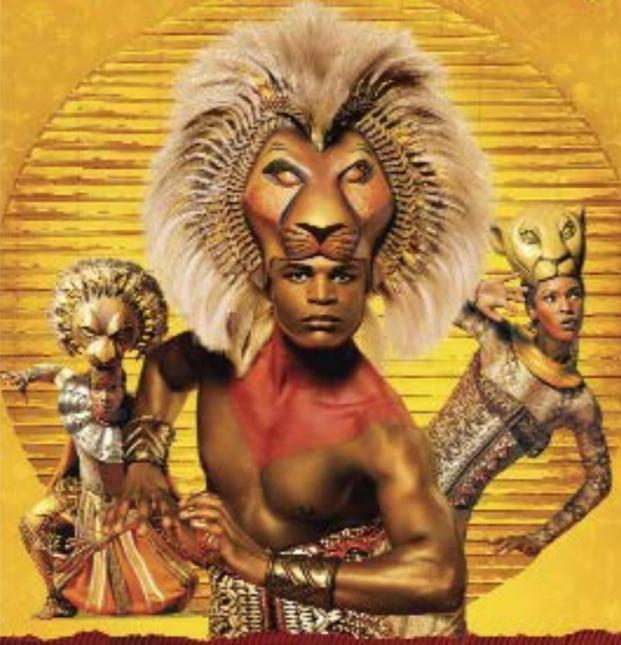
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Cover Story

Food for Thought

Our annual review of the Fox Cities dining scene lets us relive some of our favorite gastronomic developments of the past year.

By Amelia Compton Wolff

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- Click on Dining for a list of restaurant closures from the past year.
- Get the inside scoop on the 2013 Fox Cities Book Festival happening April 17-24.
- Visit our Exhibits page to learn more about new and upcoming exhibits.
- Find out more about The History Museum at the Castle's silent film screening of "The Thief of Bagdad," set to live organ music on April 22.



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- ▶ **Expanded Calendar Listings** Updated daily.
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- ▶ **Blog** Follow our staff blog for an inside look at Fox Cities' dining, arts and cultural happenings.
- ▶ **Downloadable Edition** Simply click on the magazine cover!

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By Matt De Stasio



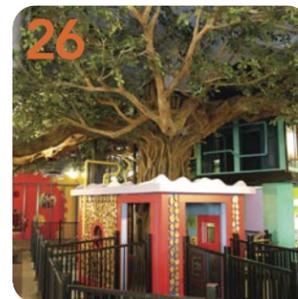
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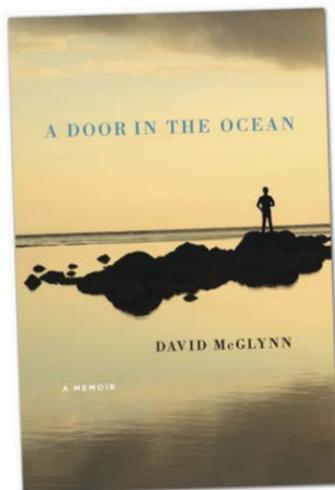
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On the Cover

A breakfast sandwich as served at Kangarooost, Kaukauna. Photo by Rachel Crowl.

artist spotlight



Across the sea of books dominating his desk, Lawrence University Associate Professor of English David McGlynn presents a portrait of professorial composure. Only when he speaks does he reveal his natural enthusiasm for the written word, a passion reserved just under the skin. "If you have storytelling blood, it's always with you," McGlynn says with a tone of confession. "Storytelling is how you learn about the world."

His drive to explore and expose worldly truths manifests as a concentration in nonfiction. While he enjoys writing fiction, praising its ability to amplify and mirror reality, McGlynn finds the real events fiction draws from to be the most captivating. "You start writing fiction and the nonfiction becomes more compelling," he says. "There is an honesty about nonfiction. The simple claim of it being truthful makes it urgent, we lean in closer."

He likens fiction to the dream a friend recounts, while nonfiction is the friend's story of his last

relationship. "Which one are you going to be more attentive to?" McGlynn asks.

As a part of the Fox Cities Book Festival (April 17–24), McGlynn will read from his memoir "A Door in the Ocean" which explores the murder of a close childhood friend and how tragedy forces him to confront everything he believes. For him, it is an opportunity to share not only his story, but also a broader narrative. As he tells his students, "All memoirs tell both [a] life story and a cultural story. They look inward to look outward."

Glancing at a shelf where his own lies, he continues, "You feel naked, it's hard to stay exposed. But we all love to confess, telling the story is an unburdening once the words are found."

Yet he doesn't view his writing as therapy. McGlynn writes to give voice to the parts of life beyond the scope of everyday language. Personal tragedy becomes a template for "a complicated, nuanced telling of a world that is often reduced to cliché."

It seems odd that a writer would be drawn to situations for which there are no words. Yet such times offer McGlynn the chance to get below commonplace language and find a stranger, more profound telling of the "unordinary events of ordinary life." Perhaps the struggle is itself the lure. "We all know what it is like to blow out birthday candles," says McGlynn, "but when someone says 'I can't imagine,' that's when a writer's job is born."



Name: David McGlynn
Residence: Appleton
Medium: the written word

—By Matt De Stasio

from the publisher

Work in Progress

The old Rainbow Ballroom on Highway 96 was a relic of the days of polka bands and Glenn Miller on the road. It didn't cost much to build and needed no seats.

I was a sophomore in high school when I attended my first live performance there. Johnny and the Hurricanes, Jan and Dean and Bobbie Darin appeared together at the Rainbow Ballroom in Appleton. I was in heaven.

My love of live performance evolved through years of Super Tramp, Billy Joel and The Moody Blues accompanied by the Milwaukee Symphony.

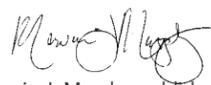
I thought the apex had been reached when I bought tickets for an appearance of Les Miserables at the theatre in London where that show premiered. It hadn't.

That honor goes to the Fox Cities Performing Arts Center, a world class facility in my own

backyard. Disregarding the convenience, the quality of performance has often exceeded those Ruth Ann and I have experienced in much larger cities.

With the construction of the Fox Cities P.A.C. 10 years ago, the reality struck me that my ticket cost barely covered the performance, leaving the cost of providing my seat to the generosity of others. That's when Ruth Ann and I made up our minds to make an effort to capitalize our seats.

Quick math told us that seats cost in the neighborhood of \$25,000 each, a prodigious effort for a couple of modest means. But, there are many ways to contribute to the Fox Cities P.A.C. If 20,000 or so of our best friends help out we can see that all 2,100 seats remained capitalized well into the future. A worthy goal on the theatre's tenth anniversary.


Marvin J. Murphy, publisher

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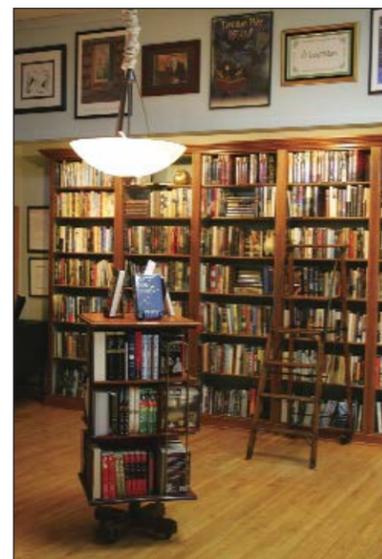
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MARCH WINNER
Sheila Brucks of Menasha correctly answered Shattuck Park in Neenah.



"Book collecting is a disease, the final stages of which is opening your own bookstore." These are the words of neurosurgeon turned professional bibliophile, Tom Lyons who has been suffering from the "disease" of book collecting for the past 30 years. On November 1, 2012, the collector finally turned his malady to mercantilism by opening Thomas A. Lyons Fine Books in downtown Neenah.

"I've had this in mind for many, many years" Lyons says. "When I retired, I wanted to do something completely different. [But] I'm not retired, I'm just doing something else."

Nearly 3,000 of a 12,000 book collection line the walls of the comfortably cozy shop in Neenah's Marketplace building at 124 W. Wisconsin Avenue. Visitors will find many works of fiction and poetry, in addition to short stories, histories and biographies in the shop which is managed by Lyons's daughter, Meredith Lyons, and daughter-in-law, Jodi Leslie.

Parting with his personal book collection is, as Lyons claims, one of the sincere joys of being a collector. "I'm happy to sell my collection," he says. "When I sell one I liked, I try and chase it down again." More important is spreading the appreciation of a valued first edition or a signed copy of a

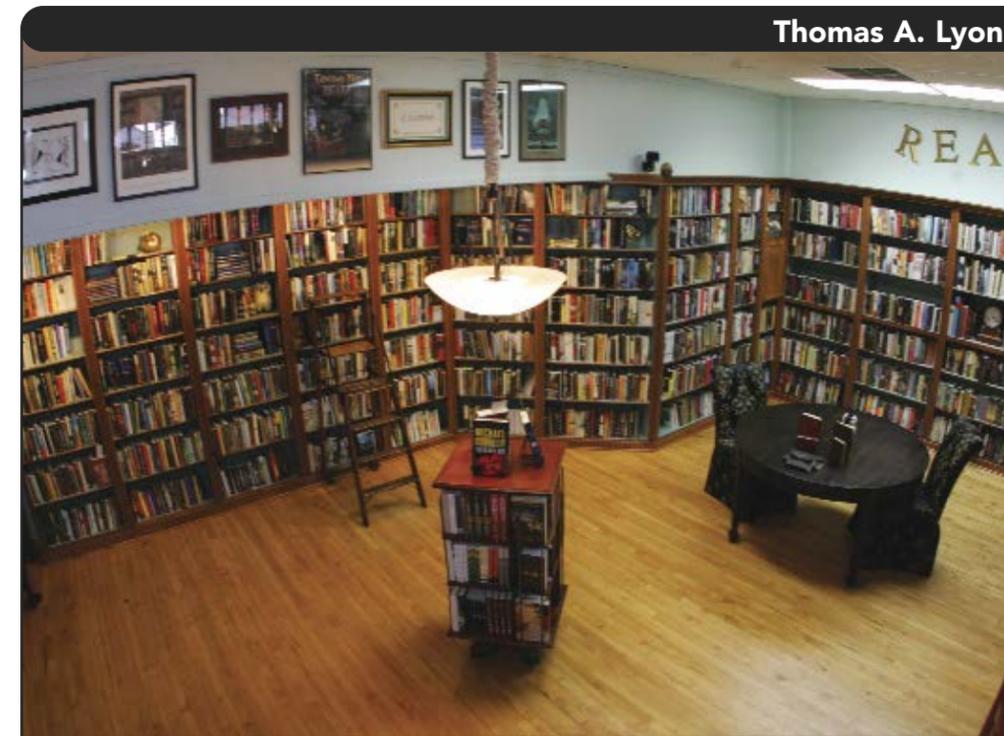
truly formative story. With books ranging from \$10 to \$500 dollars and more, Lyons offers even modest collectors a story to their taste.

Making the thousands of books that don't fit on his shelves available online has been a vital part of sharing his passion in a changing industry. Despite the ubiquity of e-readers, Lyons maintains the appeal of a story printed and bound. "There is a substantial population that likes to hold a book, smell it, look at it," Lyons says. "Some people even buy a book after they've read an electronic copy." It's hard to deny the appeal of picking up the physical form of an idea. There is a reverence to his treatment of the written word immediately apparent upon walking through his doors.

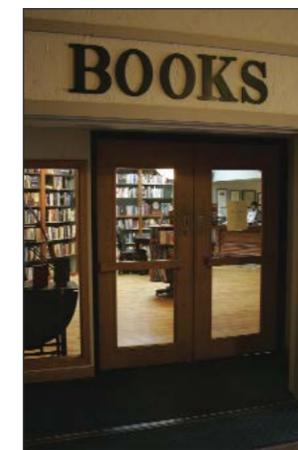
A haven for collectors and browsers alike, Lyons Fine Books offers something an online store can't — intimacy. "You can come in and talk to me about an author, and I'll [talk] your ear off," Lyons says. "That's the fun, being able to talk to somebody about something they haven't read."

The store will be hosting four events as a part of the Fox Cities Book Festival this April. Visit www.foxcitiesbookfestival.org for more information.

Store hours are Tuesday, Wednesday, Thursday and Friday from 11 a.m. to 6 p.m. Saturday 10 a.m. to 4 p.m. Other times by appointment.



Visitors to Lyons Fine Books will find a wide variety of works lining the walls. The store houses nearly 3,000 selections from Lyons' collection.



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arts events

- 3 | **World Music Series**
Music from around the globe. 8-9:30pm. Lawrence University Harper Hall, Appleton. 832-6612.
- 5 | **Swing-O-Matics, Swing**
Fusing the styles of Frank Sinatra, Cab Calloway, Louie Prima & Count Basie. 6:30pm. John Michael Kohler Arts Center, Sheboygan. 458-6144.
- 5 | **First Friday Concert Series: History of the Saxophone**
Presented by the Lux Saxophone Quartet. 2pm. Neenah Public Library. 886-6315.
- 5 | **The Minetti Quartett**
The Quartett is joined by distinguished guest pianist Andreas Klein. 7:30pm. Weidner Center for the Performing Arts, Green Bay. 800-895-0071.
- 5 | **Pianist Menahem Pressler & 4 Winds**
Founder of the Beaux Arts Trio. 7:30pm. Ralph Holter Auditorium, Green Bay. 338-1801.
- 6 | **Kountry Korn**
A comedy spoof of the popular variety show, "HEE HAW", featuring country music & humor. 3 & 7:30pm. Xavier Fine Arts Theater, Appleton. 738-0182.
- 6 | **Savage Beast House Concert Series**
Presenting Dorothy Scott, incorporating blues, folk, rock & jazz. 5:30 & 7pm. 1031 Washington Ave, Oshkosh. 410-5454.
- 6 | **1st Saturday Performance: Adam Gaines: Bold & Brassy**
Music teachers & friends come together to deliver a "really big" show. 7pm. ARTgarage, Green Bay. 448-6800.
- 6 | **Spring Concert: 35th Anniversary Celebration Concert**
The White Heron Chorale performs w/ previous conductors & alumni. 7:30pm. Lawrence Memorial Chapel, Appleton. 832-9700.
- 9 | **Sonja Thomsen Lecture**
The photographer will speak about her work featured in the Wriston Art Gallery. Reception to follow. 4:30pm. Lawrence University Wriston Art Center, Appleton. 832-6890.
- 9-14, 16-21, 23-28, 30 | **Disney's The Lion King**
Tu-F, 7:30pm; Sa, 2pm & 7:30pm; Su, 1pm & 6:30pm. Fox Cities Performing Arts Center, Appleton. 730-3760.
- 12 | **tAG Sponsored ART Trip: The Art Institute of Chicago, Pablo Picasso Exhibit**
The museum celebrates Picasso & Chicago by bringing together over 250 of the finest examples of the artist's paintings, sculpture, prints, drawings, & ceramics from private collections in the city, as well as from the museum's collection. 6:20am-9pm. ARTgarage, Green Bay. 448-6800.
- 12 | **John Tesh: Big Band Live!**
John Tesh & his Big Band Orchestra are "swinging" into town! On stage w/ 14 performers, John will play favorite big band tunes & charm you w/ his engaging audience rapport. 7:30pm. Weidner Center for the Performing Arts, Green Bay. 800-895-0071.
- 12 | **Jupiter String Quartet**
The Jupiter String Quartet is rising to the top of the substantial heap of exciting young American string quartets. Recently the quartet marked another career milestone, playing the complete Beethoven cycle - all 16 works - for the Aspen Music Festival last summer. 8pm. Lawrence Memorial Chapel, Appleton. 832-6749.
- 13, 27 | **Saturday Night Dances**
Featuring entertainment by Arlie Schneider & Mader Brothers. 7-10pm. Thompson Community Center, Appleton. 225-1700.
- 13 | **GBSO Presents Beethoven's Eroica**
Beethoven's grandly heroic 3rd Symphony closes the GBSO's 99th season, catapulting the orchestra towards a centennial celebration! 7:30-9:30pm. Weider Center for the Performing Arts, Green Bay. 435-3465.
- 13 | **Ike Sturm Jazz Ensemble in Concert**
Sturm is the director of music for the jazz ministry @ Saint Peter's Church in Manhattan, where musicians from throughout the world come to play. 7:30pm. First Congregational UCC, Appleton. 733-7393.
- 13-14 | **Threads That Bind: A Needle Arts Show**
Exhibit of Fox Valley Embroiderers' Guild members embroidery. Sa, 10am-4pm; Su, 12-4pm. St. James United Methodist Church, Appleton. 993-9171.
- 14 | **Sunday Concert Series: The Hollands!**
2-3pm. Neenah Public Library. 886-6315.
- 14 | **Music @ the Library**
Featuring the D & A Band performing rock 'n roll hits from the 1960s & 1970s. Families welcome. 2-3pm. Appleton Public Library. 832-6173.
- 14 | **Lawrence University Violin Studio Recital**
3-4:30pm. Lawrence University Music-Drama Center, Appleton. 832-6837.
- 14 | **Jazz Mass by Ike Sturm**
Ike Sturm was commissioned to write this work by Saint Peter's Church in Manhattan. It will be performed in worship services by the Ike Sturm Jazz Ensemble & strings, along w/ the First Congregational Sanctuary Choir. 8:45 & 10:30am. First Congregational UCC, Appleton. 733-7393.
- 14 | **Lawrence University Guest Recital: Cellissimo**
The senior performing cello ensemble of the joint programs of the Western Springs School of Talent Education & the Naperville Suzuki School, both of which are located in the western suburbs of Chicago. 8-9:30pm. Lawrence University Music-Drama Center, Appleton. 832-6837.
- 14 | **East Meets West**
Beni Mora by Gustav Holst; Intermezzo Sinfonia from "Madama Butterfly" by Giacomo Puccini; Korean Fantasy by Kyu-Tae Kim; & the Yellow River Piano Concerto by Yin Chenzong which will feature piano soloist Yoo Jeong Lee. 3pm. Meyer Theatre, Green Bay. 432-4676.
- 18 | **Jazz at the Trout: Christine Salerno & Ziji**
After recording her first CD, A New Kind Of High, she relocated to Green Bay. She has been the vocal jazz director at UW-Green Bay since 1992. 7:30-9pm. The Trout Museum of Art, Appleton. 733-4089.

18 | **Gallery Night**
Take a free trolley ride to 11 galleries in the Olde Main Street district. Enjoy an evening w/ the artists & check out Olde Main Street shops, restaurants & galleries. 5-8pm. Green Bay. 437-5972.

18-20 | **Dream Role Musical Review**
UWFox is proud to feature more than 90 more minutes of songs from Broadway's biggest hits! 18-19, 7pm; 20, 2 & 7pm. UWFox Theatre, Menasha. 832-2646.

19 | **Lawrence University WLFM Presents Marnie Stern**
Famous guitarist & female rock musician Marnie Stern will present a free concert. 10-11:30pm. Warch Campus Center, Appleton. 832-6837.

19 | **LSO & Lawrence Chorus**
Come see LSO & Lawrence as they combine choirs for a vocal performance not to be missed. 8-9:30pm. Lawrence University, Appleton. 832-6612.

20 | **Oshkosh Chamber Singers Spring Concert**
Selections include the Brahms Liebeslieder Waltzes. Featuring the virtuosic performances of Marianne Chaudoir, & special guest, Jeri-Mae G. Astolfi. 7:30pm. U.W. Oshkosh Music Hall. 410-5380.

20 | **Bill Jamerson CCC Concert "Dollar-A-Day boys"**
A fun, nostalgic look at the 1930's Federal Works Program that gave employment to 3.5 million men. 6-7:30pm. Navarino Nature Center, Shiocton. 715-758-6999.

20, 21 | **Cabaret 2013**
Lawrence University Presents cabaret at the Stansbury Theatre. Sa, 6:30pm & Su, 3pm. Lawrence University, Appleton. 832-6612.

20 | **Lawrence University Wind Ensemble and Symphonic Band Concert**
The Lawrence University Wind Ensemble and Symphonic Band perform at the Lawrence Memorial Chapel. 8-9:30pm. Lawrence University, Appleton. 832-6612.

A ROARing Good Time

Returning to the stage of its 2007 Wisconsin premiere, the eagerly anticipated production of Disney's The Lion King is parading to Appleton's Fox Cities Performing Arts Center (P.A.C.) from April 9-May 5.



The two and a half hour production features award-winning costumes, designers and the famous musical score by Elton John and Tim Rice. Tara Brzozowski, director of marketing and public relations at the Fox Cities P. A. C., says that 16 years after its Broadway opening, The Lion King has become one of the most popular stage musicals in the world.

"The production is so visually stunning, it's so creative, and it's something that you want to see over and over again," Brzozowski says.

On April 22, ROAR, a one-time fundraising event, will help celebrate the organization's 10-year anniversary. Proceeds will support mission-based activities at the Fox Cities P.A.C. This signature event is a unique opportunity for people who want to learn the secrets of The Lion King as participants go behind the scenes with the show's cast and crew.

"[Participants can] learn about Pride Rock and the key pieces at work, hear more about the music from musicians, see neat puppetry up close and how they work in the show," Brzozowski says.

Show times for The Lion King are Tuesday-Friday, 7:30pm; Saturday, 2pm and 7:30pm; Sunday, 1pm and 6:30pm, with a special matinee on May 2 at 2pm which replaces the 6:30pm show on May 5. Some performances have limited availability. ROAR seating is limited to 600 and tickets are expected to go quickly. Call the ticket office at 730-3760 for more information.

—By Sara Stein

20, 21 | **Lawrence University Presents: Motion Capture**
An evening of dance for the stage & screen. Works by Rebecca Salzer & guests. 8pm. Warch Campus Center, Appleton. 832-6837.

21 | **Music @ the Library**
Featuring Jerry Duginski performing blues and 1960s popular tunes on the acoustic guitar. 2-3pm. Appleton Public Library. 832-6173.

21 | **Kimberly Community Band Spring Concert**
Featuring scores of Jersey Boys, Lion King & My Fair Lady. 2pm. J.R. Gerrits Middle School, Kimberly. 810-1890.

21 | **Lawrence Academy of Music Piano Festival Recital**
Winners from the April 20 Academy Piano Festival present a recital. 1pm. Harper Hall. Lawrence University, Appleton. 832-6612.

21 | **Lawrence University Wind Ensemble, Chorale & High School Honors Band**
7:30pm. UW-Green Bay. 465-2400.

21 | **Jazz Small Groups Forum**
4:30pm. Lawrence University Harper Hall, Appleton. 832-6612.

21 | **Berlin Philharmonic Wind Quintet**
Dazzling audiences around the world since 1988 & hailed by England's Manchester Evening News as "arguably the best ensemble of its kind in the world," the Berlin Philharmonic Wind Quintet rounds out the 2012-2013 Artists Series at Lawrence University. 8pm. Lawrence Memorial Chapel, Appleton. 832-6749.

26-27 | **Love's Labor's Lost**
University students perform one of William Shakespeare's first comedies. 7:30pm. UW-Green Bay Theatre. 465-2400.

26-28 | **Rock & Roll: Remembering the Music**
Part of Palace Dinner Theatre's 2013 season of unique shows. Our dinners are one of a kind, in that they are always thematic to the show, as well as part of the show. F & Sa, 7pm; Su, 1pm. Palace of Reifs Mills Dinner Event Theatre, Denmark. 732-3172.

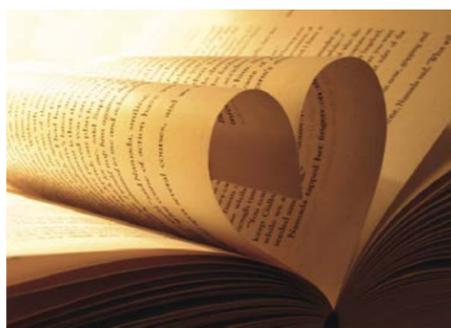
Bookworms, Unite!

The Fox Cities will come alive with literature during the sixth annual Fox Cities Book Festival April 17-24. The festival will feature nearly 60 national, regional, and local writers and authors at more than 20 venues around the Fox Cities.

There will be upward of 80 book-related events which include readings, poetry panels, author presentations, book talks and writers workshops. Organizers hope this year's festival not only generates interest in reading, but various aspects of writing as well.

The accessibility to authors in discussions is always something that is pleasantly surprising to attendees. The extensive lineup, ranging from fiction, history and mystery to sports, biography and lifestyle, promises a variety of conversation.

Headliners include Lisa Scottoline, Lisa Genova, Michael



Perry and Fox Cities READS author Richard Louv. Perry will also be returning to Appleton's OuterEdge Stage to perform with his band, the Long Beds, in a special fundraising concert on April 20 as part of the festival.

Dave Willems, book festival board member and volunteer, explains that the festival is a chance to bring

people together in the digital age and discuss face-to-face the important literary topics that affect us locally and worldwide.

"Folks who come to the festival each year really have an attitude of wanting to learn or hear information that challenges them, that provides a new perspective on a particular topic, or to hear something imaginative and creative that enriches their life," Willems says.

The festival has enjoyed support from a number of organizations over the years, including community sponsors such as local public libraries, UWFox Valley and Appleton Area School District, and corporate sponsors such as Willems Marketing, ThedaCare and Goodwill of North Central Wisconsin, along with several hundred individual donors throughout the Fox Cities.

More information on the 2013 Fox Cities Book Festival and updated event times can be found at foxcitiesbookfestival.org.

—By Sara Stein

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Blooming Art

For the fourth consecutive year, the Art from the Gardens exhibit will be on display at the Jack Richeson School of Art & Gallery in Kimberly from April 9 through May 18.

Organized by the Richeson Co., Appleton's Trout Museum of Art and the art critique group Designing Women, this exhibit provides an opportunity for amateur artists to exhibit their work at a relatively low cost.

Paulette Laffin, member of Designing Women and exhibit chair, explains that the flowers, fruit, landscapes, gardenscapes, vegetables, and still life paintings in the exhibit are meant to help viewers get through winter's bleakness. "I think the reason we came up with the idea in the first place was because in winter time everything is white and cold, but the flowers provide a freshness of spring promise," Laffin says.

With more than 85 paintings and between 400 and 500 attendees expected throughout the length of the exhibit, the largest gathering will likely be the opening reception on April 12 from 5:30-8pm.



Artwork will be judged before the reception by a professional artist and awards will be presented during the reception. Artists will be in attendance to answer questions and some works will be for sale.

The Richeson Co. will provide art materials to Best of Show, first, second and third place winners as well as Peoples' Choice recipients. The Trout Museum will provide one year memberships to the winning artists as well.

Exhibit hours are Tuesday, Thursday and Friday 10am-5pm, Wednesday 10am-8pm, and Saturday 10am-4pm. For more information on Art from the Gardens, contact Paulette Laffin at 735-0755.

—By Sara Stein

ARTgarage. 448-6800

Arts Unlimited Spring Art Festival
Apr 7-26. Sponsored by the Green Bay Arts Unlimited & NWTC.

The Aylward Gallery, UWFox Valley, Menasha. 832-2626

Watercolor on YUPO & High Fire Ceramics
Apr 1-May 3. Watercolors by Lynn Artz & ceramics by Eric King.

Bergstrom-Mahler Museum, Neenah. 751-4658

University of Wisconsin-River Falls Glass Legacies
Apr 14-Sep 1.

The Building For Kids Children's Museum, Appleton. 734-3226.

Wild, Safari Adventure
Apr 6-Jul 31. With their imaginations, creativity & confidence, visitors will be able to go on a safari in Africa without leaving home.

Gail Floether Steinhilber Art Gallery, UW Oshkosh, 424-2281
Art Student Honors Exhibition
Apr 8-26.

High School Art Day Exhibition
Apr 29-May 4.

John Michael Kohler Arts Center, Sheboygan. 458-6144

Chris Hipkiss & Robyn O'Neil
thru Apr 29. Both artists' work recall the layered narratives & complex landscapes of Northern Renaissance painters Hieronymus Bosch & Pieter Brueghel the Elder.

Lawton Gallery, Theatre Hall, UW-Green Bay. 465-2271

Senior Show I
Apr 14-25. Works by artists about to graduate from Arts and Visual Design academic unit at UW-Green Bay.

Neville Public Museum, Green Bay. 448-4460

Selections from the Green Bay Art Colony
thru Apr 14.

An Artistic Discovery
Apr 27-Jun 2. The talents of high school art students from Wisconsin's Eighth Congressional District.

Northeast Wisconsin Technical College Art Gallery, Green Bay. 498-5487

Cheri Martell & her NWTC Students
April 1-May 17.

Oshkosh Public Museum. 236-5799

The Oshkar Awards.
thru Apr 28.

Paine Art Center & Gardens, Oshkosh. 235-6903

Calm Before the Storm
thru Apr 7. A selection of works chosen for their contrasting extremes in weather & mood.

Paper Discovery Center, Appleton. 380-7491

Power Seeker
Apr 1-May. A survey of cut paper sculpture by Michael Velliquette.

Peninsula Art School & Gallery, Fish Creek. 868-3455

The Nature of Jewelry: Botanical Design & Symbols
Apr 19-Jul 13. 30 jewelry artists from throughout the United States, Canada & Ireland.

Plymouth Arts Center. 892-8409

Bruce A. Niemi: Contemporary Metal Sculpture
Apr 5-May 31. Sculptures characterized by an uplifting positive nature, faith in God & the energy & balance of dance.

Rahr-West Art Museum, Manitowoc. 683-4501

Youth Art Series: Olympian Conference

Apr 7-28. A highly selective number of works from area schools: Brillion, Chilton, Hilbert, Lutheran High, Mishicot, Reedsville, Roncalli, Valdres & Wrightstown.

Richeson School of Art & Gallery, Kimberly. 560-3777

Art from the Gardens
Apr 9-May 18. Exhibit in partnership with The Trout Museum of Art & Designing Women.

Silver Lake College Art Wing, Manitowoc. 684-6691

Senior Exhibit: Andrew Carstens
Mar 27-May 8.

The Trout Museum of Art, Appleton. 733-4089

Very Rarely Three
Apr 13-Jul 21. An exploration of works by 3 generation British artists spanning a century of paintings, drawings & watercolors: a glimpse into the rare craft of artmaking.

Wriston Art Center Galleries, Lawrence University, Appleton. 832-6621.

Caitee Heglund (LU '12)
Mar 29-May 5. Exhibition designed from the Permanent Collection in Leech Gallery.

Sonja Thomsen
Mar 29-May 5. Photographic installation in Hoffmaster Gallery.

Rafael Salas
Mar 29-May 5. Paintings in Kohler Gallery.

community & cultural events

13 | **Caps & Corks: Tasting for Beer & Wine Lovers**
Beer & wine sampling along w/ appetizers. 6-9pm. Clintonville Lanes & Banquet Hall. 715-823-4606.

13 | **6th Annual Grief Support Symposium**
This event is open to those who are grieving & those who companion them. 8:30am-12:30pm. UWFox Valley, Menasha. 831-9905.

15 | **April Pot Luck**
Pot Luck featuring Pastor Ruge & The Rythmettes, music & dance. 12-2pm. Thompson Community Center, Appleton. 225-1700.

19 | **NEW Truck Show**
10am-3pm. Brown Country Arena & Shopko Hall, Green Bay. 494-3401.

25 | **Senior Living Show**
Information, vendors & related businesses. 9am-5:30pm. Tri-County Arena, Neenah. 731-9731x10.

27 | **Fun Run/Walk & Earth Day Open House**
Run or walk through the Navarino Wildlife Area. 9am. Navarino Nature Center, Shiocton. 715-758-6999.

27 | **Cocoa Bean Mulch & Potting Soil Sale**
Don't miss this once-a-year sale! Limited quantities will be available the day of the sale. 9am-12pm. Green Bay Botanical Garden. 490-9457.

27 | **Celebrating Arbor Day Everyday**
Plant a tree or place a stone in gratitude. 9am-12pm. The Bridge-Between, Denmark. 864-7230.

fundraisers

13, 14 | **16th Annual Antiques Showcase & Sale**
50 of the Midwest's finest dealers. Sa 10am-5pm; Su 11am-4pm. Big Brothers Big Sisters of the Fox Valley Region, Neenah. 739-3542.

18 | **4th Annual Neenah-Menasha Emergency Society Kitchen Tour**
Enjoy tastings & demonstrations from some of your favorite locales. 10am-1pm & 4:30-7pm. 5 local kitchens. 720-0363.

20-21 | **Ladies of Bluegrass Festival Fundraiser for Cancer Charities**
Features: Zoomie, The Back Alley Blossoms, Frogwater, Piper Road String Band, Horseshoes & Handgrenades & The Hen House Prowler. 1pm-1am. The Watering Hole, Green Bay. 385-8532.

22 | **ROAR: A 10th Anniversary Safari Event**
Discover the secrets & stagecraft of The Lion King, & celebrate how the performing arts build community right here in the Fox Cities. Fox Cities Performing Arts Center, Appleton. 730-3760.

27 | **International Folk Dance Workshop & Save the Grange Hall**
Music by Ethnicrity. Silent auction. 10am registration; 6pm potluck; 7:30pm dance party. South Greenville Grange, Appleton. 734-4029.

lectures, readings, presentations & discussions

3 | **Downtown Book Club @ Harmony Cafe**
Discuss books by Richard Louv, Author of Last Child in the Woods & The Nature Principle. 12-1pm. Appleton Public Library. 832-6173.

6 | **Outagamie County Master Gardeners**
A discussion of herbs. 10-11:30am. Appleton Public Library. 832-6173.

6 | **Saturday Learning Series: The Rock Lake Pyramids**
Dr. Richard Boyd takes the audience inland to a prominent lake in Jefferson County to examine a legend of submerged rock structures. 1-2pm. Wisconsin Maritime Museum, Manitowoc. 684-0218.

8, 22 | **Soup with Substance Series**
Hike or snowshoe a ski trail, then come inside for hearty soup & bread, a gardening related lecture & live music. 5:30-8:30pm. Green Bay Botanical Garden. 490-9457.

9 | **Fiber Arts: Demo/Dine/Do**
Come for a demo, bring a bag lunch, stay to work on a project or just chat w/ other fiber artists. 11am-1pm. ARTgarage, Green Bay. 448-6800.

12 | **Lunch at Lawrence**
The Science of Strategy: "From Auctions to Kidney Exchanges" Adam Galambos, associate professor of economics. 11:30am-1:30pm. Lawrence University, Appleton. 832-6612.

13 | **Saturday Learning Series: Shipwreck Australasia**
Wisconsin state underwater archaeologist Tamara Thomsen will show underwater footage of the survey work being done on this historic shipwreck. 1-2pm. Wisconsin Maritime Museum, Manitowoc. 684-0218.

18 | **Green Burials**
Join us for a light supper & learn about the growing trend of eco-friendly burials. 6:30-8:30pm. The Bridge-Between Retreat Center, Denmark. 864-7230.

18 | **Creative Community**
Bring your latest crafting project & supplies to the library & enjoy an evening of hanging out w/ other crafty types. 6-7:45pm. Little Chute Public Library. 788-7825.

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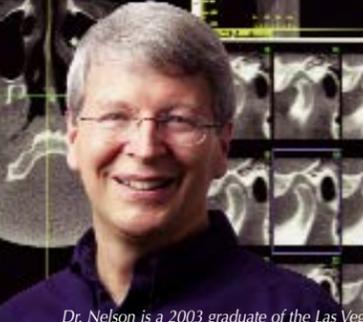
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Spring Tree Spree

Jump start the beginning of a new season with some outdoor spring cleaning. Volunteers will be able to lend a hand at the 20th Annual Arbor Day Spring Tree Planting and Park Cleanup at High Cliff State Park on April 27 from 9am-1pm.

The number of trees planted each year ranges anywhere from 12 to 1,000, but the goal for this year's event is to plant 500 seedlings. Depending on the weather, people can choose which task they would like to help with whether it's picking up litter or planting trees.

Tree planting is organized by one of the park rangers who helps decide where to plant and organizes volunteers getting the trees in the ground.

Carolyn Morgen, park superintendent, says High Cliff is one of the busiest state parks in Wisconsin, so there are many visitors who appreciate the opportunity to give back.

"It's neat to see all the different groups of people come together from different backgrounds and interests to help out," Morgen says.

Friends of High Cliff State Park will offer a hot dog lunch in the Pavilion area at 12pm.

Volunteers should bring shovels and work gloves, and wearing old clothes and water-resistant boots is recommended. Groups of six or more are asked to pre-register by calling 989-1106.

—By Sara Stein

18 | **Green Fire Film Discussion**
Discuss Aldo Leopold & a Land Ethic for our Time. Led by Dr. Teresa Weglarz. 4-6pm. Appleton Public Library. 832-6173.

22 | **Fox Cities Reads Author Presentation**
Meet Richard Louv, author of Last Child in the Woods & The Nature Principle. 6:30-8:30pm. Appleton Public Library. 832-6173.

22 | **Sand County Almanac Book Discussion**
Led by Elizabeth Eisen as an Earth Week event, discuss the Sand County Almanac & sketches by Aldo Leopold. 4-5pm. Appleton Public Library. 832-6173.

22 | **Meet & Greet Melinda Myers**
Melinda has more than 30 years of horticulture experience & holds a master's degree in horticulture. 4pm. Gardens of the Fox Cities, Appleton. 993-1900.

24 | **Organic Lawn Care**
Todd Rockweit from Backyard Organics will talk about chemical free ways to maintain a lawn. 6:30pm. Gardens of the Fox Cities, Appleton. 993-1900.

25 | **My Roof Needs a Haircut!**
Molly Meyer, of Rooftop Green Works will present on the green roof technology used at GFC & state of the green roofing industry at large. 6:30pm. Gardens of the Fox Cities, Appleton. 993-1900.

films

2 | **Tuesday Night Movies: Life of Pi**
Free popcorn & soda. 6pm. Neenah Public Library. 886-6315.

3 | **Green Bay Film Society**
Presenting the 2009 French Film "Farewell." 7pm. Neville Public Museum, Green Bay. 465-2097.

4 | **Thursday Afternoon @ the Movies**
Skyfall. 4pm. Appleton Public Library. 832-6173.

8 | **Monday Matinee: Life of Pi**
1pm. Neenah Public Library. 886-6315.

11 | **Thursday Night @ the Movies**
Featuring Life of Pi. 6-8pm. Appleton Public Library. 832-6173.

14 & 15 | **Do Dooni Chaar (India, 2010)**
Presented by NEW World Cinema. Su, 2pm & M, 7pm. UWFox Valley, Menasha. 734-0013.

16 | **Tuesday Night Movie: Rise of the Guardians**
Free popcorn & soda. 6pm. Neenah Public Library. 886-6315.

17 | **Green Bay Film Society**
"Beasts of the Southern Wild." 7pm. Neville Public Museum, Green Bay. 465-2097.

22 | **Silent Film: The Thief of Bagdad**
A 1920's silent film shown in the Museum's elegant Ogilvie Hall, featuring live organ music by local organist, Frank Rippl. The History Museum at the Castle, Appleton. 735-9370.

classes and workshops

2 | **Creative Journey**
Bring the most interesting things in your junk drawer for show & tell. 10am-12pm. Appleton Public Library. 832-6173.

4 | **Small Business Success: Best Practices**
A fast-paced, informative facilitated discussion on a small business issue or topic. 7:30am-9pm. DJ Bordini Center, Fox Valley Technical College. 996-2946

4 | **Imagination Connection**
Learn how to make a variety of crafts w/ la Bolz. 6:30-8pm. Appleton Public Library. 832-6173.

5 | **Messages From Your Animals: An Introduction to Animal Communication**
Learn how animal communication works 7-8:30pm. Fox Valley Humane Association, Appleton. 733-1717.

6 | **Give Spinning a Whirl w/ Katrina Blasingame**
Learn how to spin yarn on a top-whirl drop spindle, the history of spinning & basic knowledge on plying hand-made yarn. 9-11am. ARTgarage, Green Bay. 448-6800.

6 | **Direct Messages from Your Pets: Private One-On-One Consultations**
Join Asia Voight for a private session w/ you & your pet. 10am-4pm. Fox Valley Humane Association. 733-1717.

6 | **American Sign Language Workshop**
Learn how to sign the alphabet, basic words & phrases in American Sign Language (ASL)! 9am-12pm. St. Norbert College, De Pere. 403-3494.

7 | **Messages From Your Animals: Learn How You Can Hear Their Transformational Wisdom**
Learn how to lower your training & vet bills, know what your animal needs & improve your relationships. 10am-1pm. Fox Valley Humane Association. 733-1717.

8 | **Suburban Homesteading & Urban/Suburban Farming: Growing Food in Your Yard**
Presented by John Holzwart. 6:30-8:30pm. Neenah Public Library. 886-6315.

9 | **Creative Journey**
Game Day: Bring a game to play. 10am-12pm. Appleton Public Library. 832-6173.

13 | **Painting through the Eyes of Van Gogh, w/ Jane Barnard**
In this fun workshop, you'll learn to paint a landscape "in the style of" the Dutch master Vincent Van Gogh. All levels are welcome, including beginners. 10am-4pm. ARTgarage, Green Bay. 448-6800.

13 | **Art Activity Day**
Make a fused glass portrait of your favorite cat or dog & other fun pet-inspired activities. 10am-1pm. Bergstrom-Mahler Museum, Neenah. 751-4658.

15 | **Knit2Together**
Inter-generational knitting circle. 6:30-8pm. Appleton Public Library. 832-6173.

16 | **Creative Journey**
Poems/Art: Bring artwork & we'll write poetry based on what we see. 10am-12pm. Appleton Public Library. 832-6173.

17, 24 | **Photography as an Art Form w/ Larry Jankowski**
Learn the technical aspects & operation of digital cameras. Jankowski earned a Bachelor of Fine Arts in Advertising Design from the Art Center College of Design in Pasadena, CA. 5:30-8:30pm. ARTgarage, Green Bay. 448-6800.

20 | **Culinary Journeys: Taking Tea w/the Trains**
Prepare & taste authentic foods from around the world, while learning about different cultures along the way. 10:30am-1pm. National Railroad Museum, Green Bay. 676-3195.

23 | **Whirl Around: Spinning w/ Other Fibers**
Katrina Blasingame will show this second-level drop-spindle class how to work w/ difficult fibers. 9-11am. the ARTgarage, Green Bay. 448-6800.

23 | **Creative Journey**
Art in the 21st Century: Film discussion. 10am-12pm. Appleton Public Library. 832-6173.

29 | **Suburban Homesteading: Herb Gardening**
Growing & Using Herbs in Your Garden presented by Linda Conroy. 6:30-8:30pm. Neenah Public Library. 886-6315.

30 | **Creative Journey**
Kitchen Band Jam: Bring a kitchen implement & make music. 10am-12pm. Appleton Public Library. 832-6173.

children's events

6 | **Big Event for Little Kids**
Educational fundraiser for Encompass Child Care. 9am-12pm. Shopko Hall, Green Bay. 494-3401.

8, 15, 22, 29 | **Spring Tales**
Celebrate nature & the return of spring w/ stories & crafts—perfect for preschoolers & their parents/caregivers. 10:15-11am. Kimberly Public Library. 788-7515.

9, 16, 23 | **Celebrate Our Earth (Celebremos nuestro planeta Tierra)**
A native of Reynosa, Mexico, the program gives young children a hands-on learning experience from an instructor who speaks fluent Spanish. 10:30am. The Building for Kids Children's Museum, Appleton. 734-3226 ext. 12.

13 | **Mayhem in the Mud**
We'll be Mud Builders, Chefs, Artists & Biologists all in one day. 12-1:30pm & 2-3:30pm. Heckrodt Wetland Reserve, Menasha. 720-9349.

16 | **Turtle Tots Preschool Storytime**
Take a hike using "eye spy binoculars" to see the many shapes & colors of the wetland. 9:30-11am. Heckrodt Wetland Reserve, Menasha. 720-9349.

20-21 | **Bling: A Night of Jewelry Making for Girl Scouts**
Want to sparkle and shine? Learn about diverse jewelry making techniques and design your own piece of jewelry! Deluxe overnights include themed activities, an evening pizza snack & breakfast in the morning. Sa, 6:30pm until Su, 8am. Building for Kids Children's Museum, Appleton. 734-3226.

20, 27 | **Classic Drawing from Pencil to Color w/ Robin Nelson**
For Children Ages 9-13. Start making your own sketch pad & end using colored pencil on a small canvas. 10am-12pm. ARTgarage, Green Bay. 448-6800

21 | **Girls Make History Day & Tea**
A fun, educational day filled w/ maritime-themed activities for young girls. The event will feature activity stations related to historical girls. Each station will have three components: a game, a craft, & historical information. 11am-2pm. Wisconsin Maritime Museum, Manitowoc. 684-0218.

27 | **Fox Cities Baby & Kids Expo**
For families & children 8 & younger. The expo will feature displays & educational programs including the latest products, resources & services for the family to visit. 10am-3pm. Tri-County Arena, Neenah. 731-9731x10.

More on the Web

► **Expanded Calendar Listings**
Our online events calendar is updated daily with concerts, classes, exhibits and more. Find out "What's Going On" every day of the week.

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Color Connection

By Matt De Stasio



Paint with plants by creating a colorful garden this season

Having spent months staring out the window at a snow-covered flower bed, at the first hint of spring the eager gardener rushes to the nursery and begins mapping out the most colorful plot imaginable — favorite pinks and yellows with brilliant blues and a mass of greens. In the excitement to liven up a dead landscape, it becomes all too easy to create a frantic and jarring scene of clashing colors. Here local experts share a few tips for creating a unified color scheme in a Wisconsin garden.



Simplify

An easy way to make a big statement is by reducing the number of blooms that don't fit your color template. "One of the most successful ways to have a great looking garden is a simple color scheme," says Steve Tuma, landscape designer with Oberstadt Landscapes in Fremont. Tuma suggests echoing the same colors throughout the whole garden, then adding a splash of a different color as a focal point. For example, a flower bed that features the same shade of blue in every third grouping will produce a strong, unified impression.

While it's fun to plant every flower that catches your eye, letting your trowel run away with you can result in serious color clutter. "It's important not to have an impulse garden, without much pattern or rhythm," says Steve VanRyzin, a senior designer with Van Zeeland Landscape in Little Chute. "It can be chaotic."

Deciding in advance between vibrant reds and oranges or cool blues and purples will make all the difference when it comes time to break ground.

Leave No Color Behind

"Know how to use the plant without the bloom," Tuma advises. Every bloom needs a stem to sit on and leaves to nourish it, just like every drop of color needs a canvas. Foliage can provide a backdrop nearly as important

as the focal points. From purple to copper to the classic green, leaves add another dimension to the visual vista.

"Foliage could become the backbone, like the wall color in a room," says Tom Jensen, senior horticulturalist with Vande Hey Company in Appleton. "For shadier conditions, the Hosta plant [offers] blue, yellow, green or white color. Its



foliage is its color contribution. Add things around it for contrast."

Like light and shadow in a Rembrandt, the juxtaposition of a white bloom over a purple or copper leaf will create a transcendent impression not soon forgotten so don't be afraid to branch out.

Arrange Oddly

While the volume of plant mass depends on each individual space, there are some trends to follow when groupings are considered.

"Rule of thumb, plant bigger groupings in odd



numbers," Jensen says. A group of three or five provides visual balance where a pair or a single bloom would get lost.

Don't feel confined to groupings of single types. Rebecca Ward, horticulturalist at The Gardens of the Fox Cities in Appleton, recommends planting a shrub or small tree within a group of flowers. Using size or color differences within a grouping will enhance contrast and create a better focal point. Odd numbered groupings can come from a sum of different colored blooms or species. Try this tactic in larger gardens, where you might be looking out your window or viewing it from the street.

"Gardens enjoyed from a distance will lend themselves to larger groups of color, larger swatches," says VanRyzin. The right amount and arrangement of color depends on how the garden will be viewed. If you walk through it frequently, consider smaller, more intricate groupings.

Use Season Survivors

To keep a garden looking vibrant throughout the growing season, you need more than just a good color scheme. You need a variety of staggered bloom times.

"You have to choose plants that will fill all those niches," Jensen says.

Plan ahead with bulbs that bloom early like daffodils or tulips. "Spring flowering bulbs are the first color you will see," VanRyzin says. "Also think about your flowering trees and shrubs like magnolia, crab apple and forsythia."



Tuma suggests pansies as they provide a splash of color and thrive in our environment. As an added benefit, they can bloom nearly year round, which makes them great for fall color. Evergreens, grasses and simple sculpture can brighten up a garden when common bloom times have past. For autumn months, try shrubs like the hydrangea, ornamental grasses, or even the common conifer.

"Conifers add multiple stages of color throughout the season. They have the base green, but also additional variations of color [such as] plum, chartreuse and silver blue," VanRyzin says. "They work in contrast or backdrop."

Stay Involved

Depending solely on flowering plants for color can be exhausting since they take more effort to maintain. Planning ahead with perennials and flowering trees and shrubs can cut back on pruning and give you more time to enjoy your garden.

"Open your mind, color can come by flower, foliage or fall color," Jensen says. Your garden will still require participation and you might never have a set it and forget it kind of garden, but it wouldn't be fun if you didn't have an ongoing opportunity to get your hands dirty. This is a sentiment VanRyzin echoes.

"A garden is never finished," he says. "It's an ongoing hobby."



Pain insists upon being attended to.
— C.S. Lewis

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The Cutting Edge

By Cameron Carrus

The worldwide hunt for a cancer cure continues, and the Fox Cities offer new technologies in addition to some intriguing contributions to cancer research.

Precision

Though some surgical techniques used to remove cancerous tumors have remained unchanged over the years, the tools used to perform them have evolved. Charles Cheng is a surgical oncologist at Fox Valley Surgical Associates in Appleton and within the past decade, he has had access to the Harmonic Ultrasonic Shears. The tool, powered by an ultrasonic energy source, resembles a pair of scissors. The rapid vibration of the blade created by the ultrasonic energy source allows surgeons to incise, coagulate and seal vessels at a low temperature, which prevents further tissue damage. In extracting thyroid tumors, “what used to be a 10 centimeter incision is now a three or four centimeter incision,” Cheng states.

Specific to thyroid cancer, use of this instrument halves the cost of treatment, and it is more efficient than its alternatives. The smaller incision prevents excessive blood loss, and as a result, patients can conceivably go home the same day as their surgery. Cheng adds that precision technology companies, such as Olympus, are working to create even more up-to-date energy sources. Cheng postulates that the energy source of the future will utilize microwave technology, or a new hybrid of existing energy sources.

Developments in radiation have also made cancer treatment more precise. Dr. Rick Davis, a radiation oncologist at St. Elizabeth’s hospital in Appleton and Mercy Medical Center in Oshkosh,

is eager to install a Varian TrueBeam linear accelerator at the Oshkosh location in May. The machine generates therapeutic, high-energy x-rays in a beam to treat tumors. This new machine, which is one of the “most advanced, latest technologies in the world” according to Davis, allows the operator to shape the beam so that it is the exact size and shape of the tumor. This allows for more efficient and accurate treatment with minimal toxic exposure to the patient.

In addition to Mercy, St. Elizabeth’s, Aurora BayCare and local Affinity Cancer Centers have these machines. “There is a general sense in small towns like Oshkosh that you need to travel [to big cities] to get top rate treatment. But that is clearly not the case,” explains Davis.

Dr. Randall Johnson of the Neuroscience Group in Neenah acknowledges the benefits of research not directly related to treatment. Advanced techniques in molecular biology have been able to identify differences in the molecular makeup of certain brain tumors. “This is helpful information,” Johnson explains, “because we can take larger classes of tumors and reclassify them more accurately.”

Take a Pill

While developments in cancer research have made radiation and surgery practices more precise, new research in other fields may eventually make those practices obsolete. Dr. Dhiman Patel of Aurora BayCare Medical Center is a medical

oncologist who is excited to offer his patients alternatives to chemotherapy. Certain advancements have been made in immune therapy over the last few years. “Immune modular drugs tackle the genetic makeup of the cancer, and shut off blood supply to the cancer cells,” explains Patel.

In looking at new diseases to which the immune modular drugs can be applied, a vaccine for pancreatic cancer has been developed. In this treatment, the immune system is exposed to the cancer so that it can recognize and destroy the disease while producing natural antibodies. The vaccine is now the subject of a phase 3 study in the clinical trial stage. This means that 50 percent of the pancreatic cancer patients at Aurora are receiving treatment via this vaccine, as opposed to chemotherapy. The Aurora clinic in Green Bay and a clinic in Madison are the only two places in the state that have access to this vaccine.

Dr. Morris Johnson and Dr. Michael Smits are developing a treatment that – though separate from the immune therapy to which Dr. Patel refers – also takes the form of a pill, administering two drugs that work sequentially and rapidly to kill the patient’s cancer cells. They were granted a U.S. Patent for their unique cancer treatment in April of 2012. They have been collaborating on their analytical testing right here in the Fox Cities for years.

The first drug, Buthionine Sulfoximine (BSO), inhibits an enzyme that synthesizes glutathione.

Depleting glutathione levels sensitizes cancerous cells. The second drug, the compound Methylglyoxal (MG), naturally occurs in the body in extremely low levels. Increased levels of MG in cancer cells induces a natural body function called apoptosis, in which cells kill themselves when they are damaged. Cancer cells are generally immune to apoptosis, but this treatment makes the cells susceptible.

Johnson and Smits saw success with their in vitro trials at the end of last year. Beginning last November, they began two weeks of treatment on a dog with stage 4 lymphoma. As of January, the blood chemistry in the dog’s lymph nodes look good, and he has gone into remission.

“If we are successful in companion animals, then we have a really good chance of [the drug] being successful in humans,” Smits says.

Madison is the current reference for cancer treatment in companion animals, but with time, money and more progress, this treatment – which they estimate to be approximately half the cost of chemotherapy – may be available locally. The two doctors are currently working on obtaining a grant to expand their clinical trials on companion animals in the Fox Cities. “Testing locally will give us more control [over the trials], and it will be beneficial to the public,” Johnson says.

Personal Discoveries

Dr. Michelle Koellermeier, an OB-GYN at Women’s Care of Wisconsin in Neenah, was diagnosed with breast cancer several months ago. Now placed in the unusual situation of being a patient, Koellermeier has some new insight as to what current cancer treatment is like in the Fox Cities, as well as a unique perspective on the role of the doctor in patient care.

As part of Koellermeier’s treatment, she has been administered a new IV drug called Herceptin. The drug targets and inhibits the receptors of the HER2 (human epidermal growth factor receptor 2) proteins contained in the cancer cells. Koellermeier gets an IV of the drug every three weeks, and the treatment lasts for one year. The development of this drug arose from similar molecular biological research focusing on the genetic makeup of the cell that Dr. Johnson was referring to previously.

Though her practice’s involvement with cancer does not go beyond diagnosis, Koellermeier’s experience as a patient has given her a comprehensive perspective on cancer treatment, both from the doctor’s and patient’s perspective. She has discovered how different the patient’s and doctor’s experiences are in offices or hospitals, and when she returns to her practice she seeks to “mesh the two different worlds together, in order to better guide the patient.” Koellermeier is proof of how understanding cancer can involve one in the “collaborative type of care” that patients need and deserve.

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Food for Thought

By Amelia Compton Wolff



The mutable Fox Cities restaurant scene is likely to take a new form on any given day, but that ebb and flow is what makes it so intriguing. Here are some highlights from the last 12 months, which have tasted pretty good if you ask us.



S.A.L.T.'s Tobacco Smoked Pork Belly and Bloody Mary.

Notable Newbies

In November, De Pere gained **S.A.L.T.**, a restaurant specializing in what co-owner and chef Ben Raupp dubs “modern comfort food.”

“We wanted to take highly recognizable food and prepare it with modern twists,” Raupp says. “But we don’t just use comfort food you might recognize locally. Modern cooking uses elements from around the world, like with curries and southern influences.”

Raupp points to the shrimp rossejat ‘n’ grits as an example. Shrimp and grits is a southern staple, but the Spanish rossejat technique brings in a cultural twist. Things behind the bar are just as unexpected. Co-owner and mixologist Matt Layden creates various craft cocktails nightly.

“The cocktail scene is really following the food

scene where people are embracing handcrafted whiskey and bourbons,” Raupp says. “Wisconsin is a great beer state and we really focus on that.”

The restaurant will be converting an outdoor space for open-air seating this spring.

Appleton got a little more soulful last July with the opening of **The Cozzy Corner**, a music-themed restaurant dedicated to Southern cuisine. “I saw it was missing in the market,” says owner Natasha Banks. “There wasn’t another Southern restaurant and I don’t mind cooking.”

Banks, a Florida native, says cooking is in her blood. With seven brothers and sisters, preparing large meals



The Cozzy Corner

was a family tradition and this is represented through the menu.

“Our menu is typical stuff we would have at family dinners. Chicken, pulled pork, collard greens, baked mac and cheese, frog legs and fish,” says Banks, who adds smoked meatloaf to the lineup about twice a week. (And don’t forget sweet potato pie and banana pudding for dessert.)

The restaurant contains murals, created by local artist Chad Brady, of music legends such as James Brown, B.B. King and Little Richard. Mo-town music is always in the air.

“You get a down-home feel when you come in here, like an extension of family,” Banks says. “It’s laid back, relaxed and homey.”

After only six months in business, **Osorio’s Latin Fusion** already has an engagement under their belt. In the restaurant industry this is worn like a badge of honor, but at this Grand Chute eatery, which opened October 9, romance is only part of the equation.

“We have that romantic vibe, but it’s important to me that we’re good for families. I have two toddlers and I wouldn’t go somewhere I couldn’t take them,” says Kim Finnell, who co-owns the restaurant with her husband Liborio Torres Osorio, a Mexico native.



Edgar Torres Osorio, Kim Finnell, Liborio Torres Osorio and Omar Torres Osorio (L-R).

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Torres Osorio serves as the restaurant's executive chef and his brother, Omar, is sou chef. Torres Osorio's other brother, Edgar, is the front of house manager so it truly is a family affair.

Osorio's serves latin fusion cuisine, or as Finnell puts it, an upscale approach to Latin food that's made entirely from scratch.

"We have our background in Latin cooking, but we wanted to expand those horizons and show a merging of cultures," says Finnell, who recommends trying the Cecina-wrapped scallops as an example of this pinpointed style.

What used to be The Recovery Room on Oneida Street in Appleton is being completely renovated as **Houdini's Escape Gastropub** and nothing will stand in its way, not even a couple nearby houses which were leveled to create parking spaces.

"The location is close to the locks and comedy club. It's an up-and-coming nook of Appleton," Josh Woltman, the general manager, says.

Woltman describes the gastropub, opening in mid-April, as a restaurant inside of a pub atmosphere where diners will find approachable, modern dishes that are interpretations of classic eats.

The menu was designed by Assistant Manager Shaylen Hietpas. Pot stickers, gourmet paninis with specialized aiolis and catch of the day features will all be organized as small, medium or large plates with accompanying beer pairing suggestions. Woltman is anticipating the roasted duck with tangerine pecan glaze to become a house signature.

"We want to offer people an escape. A fun atmosphere where you can see into the exposed kitchen. We want people to see these awesome dishes being made," Woltman says. "We're a 'contemp' urban chic bar with great food and no pretension."



Photo courtesy of Village Hearthstone.

Evolved Eateries

Hilbert's **Village Hearthstone** has been operating for 16 years, but last April the restaurant saw a changeover in management and, subsequently, its concept. "We are taking a focus on creating food that's close to the land and reflects where we are," says Chef and General Manager Tracy Darling, a Manitowoc native.

Darling describes Village Hearthstone's food philosophy as modern, rural and farm-focused with ties to supper club cuisine. For example, in the reinterpreted cheese and crackers appetizer, the crackers are made from seven-year aged local cheddar, oats and herbs. The cheese is a local goat cheese croquette served with pickled onions and roasted olives.

"We try to create an outpost of innovative cuisine that embraces old and new," Darling says.

Brunch scenesters have taken a shining to the breakfast offerings at Village Hearthstone, served from 10 a.m. until 2 p.m. on Sundays. Poached eggs on roast duck hash, Door County cherry pancakes and surf and turf benedict with wood roast lobster and beef tenderloin make regular appearances. Wash it all down with bottomless mimosas or a Peppercorn Bloody Mary with fresh pepper vodka and call it a (good) day.

Appleton's first food truck has found a more permanent place to park in Kaukauana. In February Jay and Kelly Barnes, owners of Kangaroo restaurant, began leasing the former Plum Hill Cafe building for their brick and mortar restaurant, **Kangaroo**.

"I wouldn't have thought of it as a location for a startup, but it's so beautiful that it's worth the drive," Kelly Barnes says.

Barnes says having a stationary restaurant will provide the opportunity to do things that were difficult to execute on the truck such as composed, plated dishes and even artisan cocktails. The menu will maintain favorites from the truck, such as burgers and arancini, but will introduce more "knife and fork food" including meatloaf (as well as a wheatloaf vegetarian version) and boeuf bourguignon.

In addition to the inventive menu, Kangaroo has a unique business model. As a Community Supported Restaurant (CSR), customers buy shares which can be redeemed in 25 dollar increments each month over a two year period.



Kangaroo's Poutine - french fries topped with cheese curds and herb gravy. Photo by Paul Wilke.

"It reduces the risk of failure because a group of people are supporting you," Barnes says. "It's basically a local form of crowd-sourcing."

Aspen Landing opened within Neenah's Marketplace on Wisconsin Avenue last June, but this month the restaurant is undergoing another change. The restaurant will have a farmhouse feel and will be aptly named **Fresh**. Chef Kayla Posvic, who was the chef at Aspen Landing, says the new location's menu will feature organic, locally-sourced items and will be changed biweekly. "We have lots of vegan and vegetarian customers," Posvic says. "With the pilates and yoga studio in the same building, this really fits the theme."

Posvic says the change will allow her to differentiate the restaurant from the Aspen Landing location in Menasha. The staff will remain the same, but require some additions. The interior space is being painted, ceilings are being raised and existing hardwood floors are being refinished.

Fresh's grand opening will be April 20 and Aspen Landing will remain open during the transition. Fresh, which will be closed Mondays, will serve breakfast and lunch on Sunday, Tuesday and Wednesday. Thursday through Saturday it will be serving dinner.

Fresh Faces

The sun may have set for Appleton's Sunrise Family Restaurant, but in its place is a new eatery with a focus on fresh ingredients — **Paninoteca**, which means sandwich bar in Italian.

"We were looking to do something different," says Manager Chris Zimmerman. "Something with better ingredients and healthier items. It didn't feel like there was a lot of these kinds of places in this area of town."

Zimmerman's family operated the north side Sunrise restaurant for nearly three decades, but on October 31, they introduced diners to their new interpretation.

Clientele has shifted to include more business professionals, Zimmerman says, and the physical space was updated by removing booths and adding tables, but the menu received the biggest overhaul. Burgers, salads, sandwiches and wraps are now the mainstays of Paninoteca. The turkey cranberry sandwich, with cranberry aioli, bib lettuce and smoked gouda on nine grain bread, is a customer favorite and five different soups are available everyday.

Downtown Neenah bid farewell to 5 Generations Sports Bar & Grill, but in May **Greene's Pour House** debuted in the same Wisconsin Avenue location. Bobby Greene, who co-owns the restaurant with Stuart Taylor, says the pub now gets plenty of corporate business diners during the day and more families in the evening.

"At night we get busy with families which is different than a bar. The atmosphere is conducive to families," says Greene, who previously ran 5 Generations.

The menu offerings at Greene's Pour House have changed dramatically. Chef Terrance Wilder is at the helm of the menu which includes burgers, pizza, wings and a very popular Friday fish fry.



The Turkey Cranberry sandwich at Paninoteca.

Greene says the number one menu item is the P.A.B.S.T. Burger – provolone cheese, avocado, bacon, salad greens and turkey served on grilled sourdough or whole grain bread.

On New Year's Eve, Greene's debuted their new second-floor party room which underwent significant renovations. The renovation highlights the 150-year-old building's original charm including wooden beams, exposed brick, hardwood floors and tall windows overlooking downtown Neenah.

Meals on the Move

In November, **Little Chicago Dining & Spirits** relocated to a newly-built location in the Town of Harrison. "The old location needed a lot of updates," says owner Butch Kolosso. "With the money that would need to be invested, we were better off building new."

The larger location can seat about 170 people, as opposed to 100 previously, and can better accommodate large groups. The old building had steps up to the entrance and down to the dining room. Kolosso says this was not easily accessible or appealing to the older crowd. The new location, with a large bar and two dining rooms, is all on one level and fully accessible. Formal 1930s decor including tin ceilings, chandeliers and art deco

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paintings create ambiance at Little Chicago.

Kolosso describes the slightly modified menu as "supper club with a twist." Steaks, seafood, chicken and pasta are all on the menu as well as gluten-free and vegetarian options. Sunday brunch, served 10am-1:30pm, includes a 21-item buffet and made-to-order stations as well as a dessert bar featuring treats handmade by Kolosso himself.

One of Appleton's most beloved German and European eateries, Old Bavarian Brewing Company & Restaurant, will be relocating to their former location at 523 W. College Avenue. The move is scheduled for April and will signify the merging of the restaurant with OB's Brau Haus, the nightclub currently occupying the space. Together the restaurant and club will be called **OB's Brau Haus Gastro Brewpub & Nightlife**.

OB's Gastro Brewpub, featuring the same menu as Old Bavarian, will be seating for dinner Tuesday through Saturday starting at 4 p.m. The space will transition to OB's Brau Haus Nightlife beginning at 10 p.m. on the same evenings.

New flooring and bathrooms are being added and the building's facade will be updated with new awnings and signage. "The really good thing about moving down there is it's one place, it's one family again," says owner Frank Schadt. "It's smaller and more personal."

Muchos Mexican

The Fox Valley has seen plenty of movement in Mexican restaurants over the past year.

In September, **El Patron** opened on College Avenue in the former Josef's Gyros spot. In November, **Mi Casa Mexican Grill** relocated from Menasha to its new space on Memorial Drive in Appleton. **Josh's Place**, featuring traditional Mexican fare, opened on Appleton's Oneida Street in November.

Second Helpings

Chicago Grill opened its second location on Appleton's Ballard Road in January. The menu will be the same as the Locust Street restaurant which features the best of Middle Eastern and American eats such as falafel, hummus, Chicago dogs and Philly cheese steak.

El Jaripeo's flagship restaurant has been

Dining in the Dark

On April 30, GingeRootz Asian Grille in Appleton will host an eye-opening evening, Dining in the Dark. Blindfolded guests will navigate through a five course meal in the dark, using their sense of taste, touch, smell and sound. This multi-sensory experience is a fundraiser for the Wisconsin Council of the Blind and Visually Impaired, whose mission is to promote the dignity and independence of the blind and visually impaired of Wisconsin. Call 738-9688 to reserve a spot.

located in Little Chute since 2006. Last November, the Mexican restaurant opened a second location in Greenville.

In February, **Sangria's Mexican Grill** owners Luis Vazquez and Shirley Gregory debuted a new restaurant in Ashwaubenon. This is a second Sangria's location in addition to their Appleton restaurant.

Year of the G-Free

Those who follow a gluten-free diet may not have had many dining out options in the past, but with this restriction on the rise many restaurants have debuted menu offerings to accommodate gluten-intolerant diners.

For example, **Mark's East Side** in Appleton added a gluten-free section to their website and menu which includes everything from wiener schnitzel to cheesecake bites. Appleton's **Stone Cellar Brewpub** also upped their offerings to include gluten-free pizza crust, UDI gluten-free sandwich buns and gluten-free beer, Estrella Damm Daura. **Katsu-Ya of Japan** in downtown Appleton now offers gluten-free diners upwards of 40 sushi rolls and sashimi to choose from, in addition to salads and appetizers.

On the Horizon

Java Warung, an authentic Indonesian & Malaysian restaurant, is slated to open on Appleton's Richmond Street in April, owner Enny Pickett estimates. The menu will feature the best of Southeast Asian street food, noodle dishes, curries and a hefty vegetarian selection. A daily lunch buffet for \$6.99 will give diners an affordable way to sample a variety of dishes.

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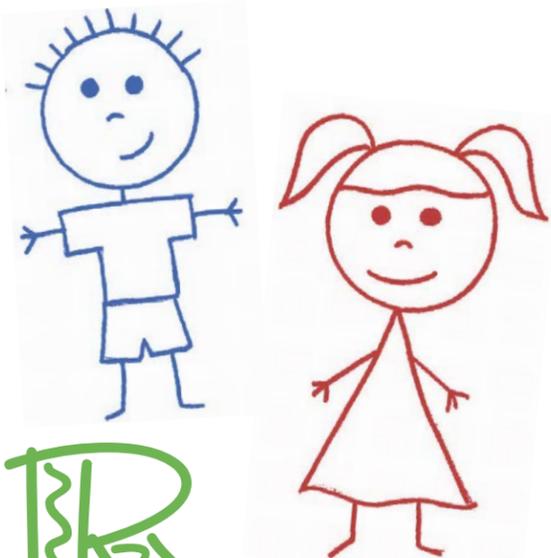
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12 KID-APPROVED RESTAURANTS



By Amelia Compton Wolff

Kids weigh in on their top picks for fun in the Fox Valley

CHILDREN let loose, act silly and live it up in a way most adults envy — so what would our weekends consist of if we left the scheduling up to them? We asked our smallest Fox Citians where they would choose to have fun with the whole family.

Outdoor Adventures

The Town of Menasha boasts 23 parks, but Fritse Park on the western shore of Little Lake Butte des Morts is one of the most popular among the under 12 set. The SCA Adventure Play Area features an interactive family playground and a nearby train station play area, developed by the Neenah Rotary, is another popular attraction.

Six-year-old Elliott Laczny's favorite part of Fritse Park is ascending the steps to the top of the park's popular hill slide which was renovated in 2010.

"There are so many [steps]!" Laczny says. "At least 11." Not for the faint of heart, Laczny suggests sliders ditch their shoes for increased speed. "Socks are more slippery than shoes," he says. "When you get to the bottom, you feel like you had just started!"

If slides are not your speed, a 15 minute car ride can get you to Menasha's Heckrodt Wetland Preserve, a favorite spot of many young nature lovers. Open year-round, the 76-acre urban nature reserve allows little ones and their families access to nearly two miles of elevated boardwalks through the wetland environment. Children delight in spotting all kinds of critters including reptiles, amphibians and mammals.

"Usually we go there to learn a lot, but also we go there for fun," says Gabi Feavel, a fourth grader at Tullar Elementary School in Neenah. "We learn about butterflies and all kinds of animals."

When you're a kid, enjoying the outdoors can even be done in the heart of the city. Eleven-year-old Josh Ziesemer is already anticipating the open-air Downtown Appleton Farm Market along College Avenue, which will begin for the season on June 15. He enjoys the handmade items and, of course, the food.

"Me and my sister make sure we get roasted corn in a cup every year," Ziesemer says. "It gets pretty messy, but they give you napkins."



Sports Stars

With energy to burn, some of the most adamant suggestions from children involved sports. Brady Baker, 9, says if he ruled the weekend, it would be spent at Badger Sports Park in Appleton.

"There's batting cages and a bunch of games inside like skeeball and basketball machines and there's mini-golf too," he says. "You could pretty much stay there all day."

In February, Badger Sports Park debuted the new "Mission Impossible" laser maze, an interactive game where participants must navigate through a complex maze of laser beams.

Addison Witthun, a fifth grader at Hoover

Elementary School, says the Fox Valley Roller Rink in Neenah is the place to be on weekends.

"The man there taught us how to backwards skate which I thought was kind of hard," she says. "They play fun music like 'Gangnam Style.'"

The Wisconsin Timber Rattlers kick off the 2013 season on April 8, which can't come soon enough if you ask Jaeden Carstens, a third grader at Neenah's Hoover Elementary. Carstens remembers fondly a birthday party he attended at Fox Cities Stadium.

"We practically didn't sit down for the game, but we ran around a lot," he says. "We got hotdogs and popcorn."

Fridays are North Shore Bank Family Night at Fox Cities Stadium where children under 12 receive a free hot dog and soda and can run the bases post-game.

Culture Kids

In the Fox Cities, budding artists have abundant opportunities to hone their craft.

"The arts are high on the priority list in the Fox Cities," says Mary Hirvela, marketing communications manager at the Fox Cities Convention and Visitors Bureau. "Our museums allow kids to use their imaginations and creativity."

A favorite among minors is Neenah's Bergstrom Mahler Museum. Emily Bemowski, a fourth grader at Nicolet Elementary School in Menasha, enjoys being able to create her own paperweights during the museum's Art Activity Days. The next program is April 13 where children can make fused-glass cat or dog portraits.

"I got to make a small paperweight and a big paperweight," Bemowski says. "It was cool how it turned out. I made a flower and put it in the middle."

Kid-Approved Cuisine

"I'd go to Cherry On Top because they have the best ice cream," says Luke Maurer, a fourth grader at Nicolet Elementary School in Menasha.

"I like El Azteca because they have really good service and the guys like to play around there," says Feavel, who loves celebrating birthdays at the restaurant.

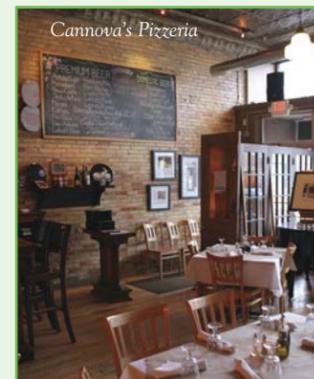
"They make you do the chicken dance in Spanish!"



"Nakashimas is sort of ninja samurai-ish. They only serve Japan food," Hawley says. "They have this awesome Japanese music that they play for you. Not like a concert, just like

you can't see where it's coming from. It makes you feel like Kung Fu Panda is going to break through the roof."

"There's a place downtown in Neenah called Cannova's," Carstens says. "It's very old inside. There's lots of exposed brick. I like their pizza. My favorite is cheese and pepperoni, but I just hate mushrooms."



Seven-year-old Jamison Hawley appreciates the leisurely pace taken through the museum, which focuses on glass arts. "I just think it's a cool place because you can look all over, you can't touch it, but you can explore it for as long as you want," he says. "Like you can stand in a room for an hour and nothing will happen."

The Building for Kids Children's Museum in downtown Appleton is a popular destination for little ones who enjoy a more tactile experience. Miles Weaver, a kindergardener at Hoover Elementary, says the Story Tree exhibit with five different tree forts to explore is his favorite attraction at the museum.



Photo courtesy of Bergstrom Mahler Museum.



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ask Chef Jeff

Have a culinary question? Send us an email or go to our website and click on Your Input.

Q. What are the best techniques to avoid having your eyes burn when chopping an onion? I know that you can purchase goggles, but I was curious if there are other ways to avoid this annoyance.

—Liz Williams, Appleton



A. To get to the root of this problem, it is helpful to understand the cause. When we cut an onion, we rupture the cells and release amino acids through vaporization. These vapors reach our tear ducts and when combined with the water in our tears, they produce sulfuric acid. The result is, well, you know – ouch! Then our body tries to rid itself of the irritant and generates more tears to wash it away.

Sidebar: When I did my internship in Australia in 1988, the cooks in the kitchen were messing with me. They told me to roll up a slice of bread and have it hang out of my mouth which would absorb the vapors and provide some relief. Well, I realized that they got me when I caught them snickering around the corner. I was much younger and more

naive then!

To avoid the irritation in your eyes, some suggestions include cutting the onion under running water, refrigerating the onion before cutting it, running a fan nearby to keep the fumes away from your face, or the suggestion you made of wearing safety goggles. Me – I just take one for the team!

Chef Jeffrey Igel is the chair of the Culinary Arts & Hospitality Department at Fox Valley Technical College, Appleton. "Chef Jeff" has spent his entire career in the restaurant and hospitality industry, serving in many capacities.



DRINK OF THE MONTH

Recipe courtesy of:
Village Hearthstone,
Hilbert

Because Sundays are special, why not indulge in a martini fit for the morning? The Beekeeper's Martini, with a refreshing blend of gin, honey and fresh sage, is a favorite of brunchers at Village Hearthstone.



BEEKEEPER'S MARTINI

4.5 oz Tanqueray gin
1.5 oz honey simple syrup
2 fresh sage leaves, muddled

Make honey simple syrup by mixing one cup of honey and one cup of water over medium heat until well combined. Do not boil.

Once simple syrup has cooled, combine all ingredients in an ice-filled shaker. Shake, strain into a martini glass and serve with a lemon twist.



The Building for Kids Children's Museum

"I like to go to the Neenah or Menasha Public Library and watch a movie with the family or go to a program like when they did the Soda Pups," Feavel says.

The Soda Pups Dog Show, coming to the Neenah Public Library June 11 and 13, includes agility, dog tricks and plenty of audience participation. Even parents will get a kick out of a pomeranian riding a remote-controlled Hummer.



Coming Soon

Chickenfest in Darboy, this year on June 20–22, is an anticipated yearly tradition for 7-year-old Alivia Meyer and her family. Meyer particularly enjoys the festival's carnival rides. "There's this one where you sit in a bucket and it spins around and around and you get really dizzy," she says. There's only one thing Meyer thinks is missing from the festival. "I wish there was a gianormous real chicken there," she says. More information at darbofest.org.



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Zuppas 1540 S. Commercial St., Neenah (in the Shops at Mahler Farm, next to Copps Food Center). 720-5045. Our top-flight chef team led by Chef Peter Kuenzi, urban cafeteria setting, and penchant for local ingredients ensure that your food is creative, fresh and ready fast. For breakfast, lunch and dinner, Zuppas Café offers chef-prepared soups, sandwiches, salads and more. Enjoy handcrafted pastries and desserts with coffee or take home a variety of fresh prepared salads and entrees from our deli. Zuppas Green Room is perfect for intimate weddings, rehearsal dinners, presentations & meetings, corporate functions, family gatherings, and birthday parties. M–F, 8am–8pm; Sa, 11am–3pm; closed Su. Visit zuppas.com for daily specials.

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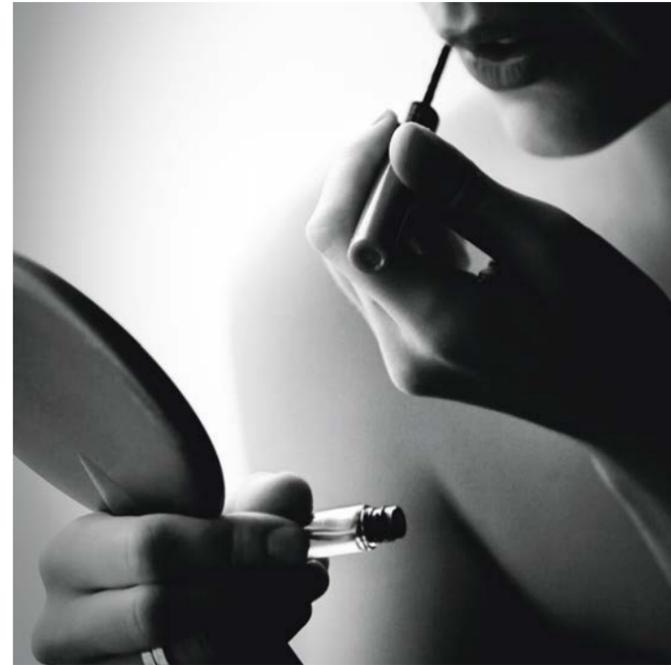
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